

WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Feb 2015



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The sight of the Worth Valley covered in snow is beautiful. White makes everything look clean and renewed; a certain silence blankets the landscape and there is stillness for a brief time. Of course, the snow also brings things we aren't so keen on, like hazardous driving conditions, school closures, and increased heating bills. But the trade-off is worth it when one sees the excitement of children sledging on Rabbit Hill or somewhere similar. I hope you can get outside and enjoy it too.

In our pages this month we profile two businesses on Haworth Main Street; Modo, the graphics specialist located at the top of the cobbled street, and Relish, the family friendly cafe that is cupcake crazy!

The Bronte Parsonage opens after its annual closure. And The Keighley & Worth Valley Railway along with the Vintage Railway Trust celebrate important anniversaries.

Read on and Enjoy February!



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The Modoworks Team

Local Haworth residents Andrew and Emma Tucker have run a successful online business from their Haworth home for the last 6 years.

The couple are designer makers and their products range from greetings cards and personalised art prints to mugs, cushions and bags and they sell online to small independent stores as well as through retail giants such as John Lewis and Notonthehighstreet.com.

Throughout the last year the business has outgrown the family home and over the Christmas period employed 9 members of staff from the local community in their studio on Haworth Main Street. In fact they have enjoyed it so much that they plan to return to their roots and start offering a graphic design service targeting local Yorkshire businesses. "We started our careers in London as graphic designers and we would like to start building up a new portfolio of clients from the surrounding area, it would be great to be more involved in the local community rather than existing in the online world only" says Andrew "and having recently increased our work force

we are excited to be able to plan a future that will bring us into contact with the wonderful world of Yorkshire"

They may have an impressive portfolio behind them but they insist that this should not put anyone off getting touch "a small startup with tiny budget still needs an identity" says Emma "we can help any company and will cater to most budgets, we will not overwhelm you with design jargon, we will listen to your needs and help you achieve them"

The company specialises in design for print - business cards, shop signs, logos, menus, catalogues, leaflets, advertising and posters are their forte. They can also design websites and help create an overall brand or identity for your business that will make you stand out from the crowd. With an enthusiastic and talented design and fulfilment team behind them they will provide a friendly but professional service and they are really hopeful that the local community will get behind them and spread the word.

Contact Emma or Andrew on 01535 648182
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relish the Taste in Haworth



It was October 2014 when sisters Leonie and Joelle opened Relish, the family friendly cafe on Haworth Main Street.

"Joelle and I have experience working in the hotel industry. We are also used to organising special events and enjoy connecting with the community," explained Leonie.

"I also have a young family and wanted to get away from long hours and the pressure of a city job. The time seemed right when the lease became available in Haworth."

Relish is located in the former pasty shop (and Cheese Place prior to that) situated next to The Fleece pub.

"We still make pasties on the weekend but we are becoming known for our

homemade cakes, soups, and panini.

We are pleased to serve Fairtrade coffee too."

The ground floor of Relish holds a takeaway counter and modest seating.



Upstairs there is substantially more room on two additional floors with excellent facilities for babies and children. Pushchairs can be stored on the ground floor. There is a dedicated party room where Relish really comes into its own offering a host of services including Cupcake Parties and special music and craft events.



Visit Relish this February Half-term and enjoy decorating a cupcake with your children for free! (Open to all customers with children under 12).

Looking at the months ahead, book a special Mothers Day Afternoon Tea experience. (Call for more details)

Weekly Happenings:

Coffee & Knitting morning
Every Wed 10-11:30am

Melody Munchkins
(Mums and Tots music class)
Every Friday from 11am



Visit Relish at:

69 Main Street, Haworth BD22 8DA

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BEHIND THE SCENES AT THE BRONTË PARSONAGE MUSEUM



Lauren Livesey

The Brontë Parsonage Museum opens its doors to the public again on February 1st following its annual closure for maintenance and tending to the collection.

As well as the first glimpse of new acquisitions and refreshed displays, visitors will see Heathcliff Adrift, a new exhibition by award-winning writer Ben Myers.

In the first of a new series of 'behind the scenes' pieces about the People at the Parsonage, we meet Lauren Livesey, one of the two Managers at the Museum.

Tell us a little about yourself: 'I grew up in Southowram, very near to Law Hill House where Emily once taught. We had a picture of it on our wall at home, and even from a very young age, I wanted to work at the Parsonage. I did a first degree in English and followed it with an MA in Country Houses and Heritage, before working at Kentwell

Hall in Suffolk and Harewood House.'

How long have you worked at the Museum?

'I started as an Collections Intern in January 2014. I joined Vicky Shaw as a part-time Museum Manager in June and recently added part-time Collections Assistant to my role.'

Tell us about a typical day: 'There is no typical day – that's the best bit of the job! When I'm working as Museum Manager, the day starts with us ensuring the brass and glass is gleaming and spotless and getting ready to welcome the public. It's an exciting and busy time in my Collections Assistant role, as we are starting to prepare for the bicentenary celebrations which will run 2016 – 2020.'

What's your favourite piece in the collection? 'That's difficult as there are so many, but Emily's writing desk is definitely one of them.'



And your favourite Brontë novel?

'Wuthering Heights.'

Anything else you'd like to tell us? 'The Museum is a brilliant place to work. I keep pinching myself!'

The Museum is open daily from 1st February. Adult admission is £7.50, with concessions available.

Heathcliff Adrift

FROM SUNDAY 1 FEBRUARY 2015

Part of our Contemporary Arts Programme, *Heathcliff Adrift* is a poetry collection by award-winning writer Benjamin Myers that follows the 'missing' three years of Emily Brontë's enduring hero from *Wuthering Heights*.

Accompanied by stunning landscape photography by Nick Small, this exhibition is not to be missed.

ALSO AT THE MUSEUM THIS MONTH:
your last chance to see *The Brontës and Animals* exhibition, which will close on 12 March.

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Trek Nepal



In November, Sue Cottier flew out to Nepal as part of a team trekking to raise funds for Sue Ryder Manorlands Hospice. Here she talks about the 10 day trek.

Nepal was a fantastic experience! The trek was strenuous without being gruelling, made easier by the amazing scenery and brilliant companions. As expected the views of the Annapurna Mountains in the Himalayas were awe inspiring and nothing can beat the memories of the breath-taking sunrises we saw over the mountains. We were supported every step of the way by a wonderful team of guides, cooks and porters, who looked after us so well, keeping us motivated, well fed and ensuring the camp was ready and waiting for us at the end of each day. The trek

culminated in a couple of days sightseeing in Kathmandu, a perfect way to wind down and recuperate before returning home.

The Manorlands trek has to be one of the best things I have ever experienced. The fundraising aspect was at first quite daunting but in reality once I put ideas into practice I couldn't believe how incredibly generous everyone was in supporting this fabulous charity.

If you would like to do something different and you are up for a challenge my advice would be 'Grab it'. You will never regret it!

This year, Sue Ryder has organised an incredible trek to Mount Kilimanjaro. For more information, please contact the Manorlands Fundraising team on 01535 640430 or visit www.sueryder.org/Kilimanjaro

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www.bigk10k.org.uk



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new year new you!

Well here we are again, another year over, a new one just begun.

The excitement (or stress) of the festive season is well and truly a distant memory as we settle back to the reality of everyday living once again.

For many people this will mean a return to the pressures of trying to balance a hectic lifestyle between work and family commitments. For others, it may simply be the continuation of boredom or lack of direction in their life. While for many others, it will bring loneliness and sorrow.

But the New Year also provides an opportunity for reflection on the past year - what we've achieved, our relationships and the kind of person we've become, and on aspects of our life that we would want to change or improve. For some, this may be a painful

process about loss of loved ones, loss of job or status or loss of one's health. Many will resolve to make changes that they believe will make the forthcoming year a better time for them. The New year heralds a magical time of optimism, when a fresh start can be made - a new job, diet, exercise routine, new habits, new relationships - OUT WITH THE OLD, IN WITH THE NEW!!

And indeed, if successful, these changes may lead to a healthier, happier and more

fulfilling life. However, New Year resolutions can be notoriously tricky to stick to but, we stand a better chance of success if we focus on identifying changes (goals) that are achievable, specific and realistic for us. Writing them down and talking about them with family and friends can be helpful. We need to work in small steps towards our goal, congratulate ourselves for completing each step and never beat ourselves up when we have a setback.

But, despite good intentions, it can still be very difficult to change a lifetime of habits and it's often all too easy for people to get caught up in over optimistic enthusiasm at the start of the year, only to end up feeling a hopeless sense of failure as February sees the demise of their life changing aspirations. The best changes occur when we start to understand that there are always reasons for the things we do - often

unconsciously linked to anxiety, stress, depression, low self esteem. Counselling can help us identify underlying reasons to our behaviour and help us manage the emotions linked to them. It can help to restore our sense of well being and self confidence so that we can then make more positive decisions about ourselves and the kind of life we want to live.

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Say you saw it in the Worth Valley Mag!

Conscious Cocoa & Consumers

In 2013 consumer research by Mintel revealed a 120% growth in the number of new chocolate products carrying ethical labels such as Fairtrade.

There is a revolution happening in the cocoa-based consumer goods category – some of the biggest corporations in the world have converted their biggest brands to Fairtrade.

An excellent example of ethical standards embedded in the cocoa industry is demonstrated in the collaborative approach taken by Kuapa Kokoo and its partners. Kuapa Kokoo is a Fairtrade-certified cocoa farmers organisation in Ghana. The organisation was established in 1993 by a group of cocoa farmers from Ghana with support from Twin Trading UK, Christian Aid and the

Body Shop. The Day Chocolate Company (a UK company, now known as Divine Chocolate) was set up by Kuapa Kokoo and Twin Trading in 1997. The company



primarily uses Kuapa's cocoa, and the cooperative also holds 45% of Divine Chocolate's stock. Kuapa uses its Fairtrade premium to pay bonuses to members, and invests in social projects, such as schools, bore-holes for drinking water, and mobile clinics.

Fairtrade chocolate sales in the UK topped £820m in 2013, a 52% increase on 2012, according to the Fairtrade Foundation. That's almost 10-fold the amount bought in 2003. Today, more than a fifth of UK chocolate

carries the Fairtrade mark.

Other Fairtrade certified commodities like coffee, tea, sugar, cotton and gold are growing in popularity and demand by an increasingly discerning and conscious consumer.

A number of retailers in the Worth & Aire Valley support ethical trading and choose to stock fairly traded products like Divine chocolate or they regularly use Fairtrade ingredients. We've listed local companies that have confirmed their commitment to Fairtrade and its principles.

(Please note there are also faith organisations, schools, the Council and community groups that regularly serve Fairtrade coffee and tea at their meetings and at functions. They are important supporters of the Fair Trade consumer movement.)



Independent retailers in Keighley & The Worth Valley that stock Fairtrade products or regularly use Fairtrade ingredients.

The Bronte Parsonage, Cobbles and Clay, Sonias Smile, Ye Sleeping House, Number 10 The Coffee House, The Old Registry, Keighley & Worth Valley Railway, The Old Hall, The Black Bull, Sun Street Store, 66 Main Street Haworth, Bronte Weaving Shed, Relish Cafe, Four Teas, The Lemon Tree, Lavender Fields, Offshoot, Buddha Land Peace Cafe, Boltmakers Arms, Bow Street Cafe, Coffee Love, Cricketers Arms, Lord Rodney, Royal Oak, Slow Food Kitchen, Guava Gifts, Anita's Eaters.

This is by no means an exhaustive list (we haven't included the larger retail chains) Ask your local independent shops cafes and restaurants to stock or serve certified Fairtrade products.

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Keighley Worth Valley Railway

2015 is the year of the of the Railway's volunteers.

It was fifty years ago this month that the first operational steam locomotives arrived at Haworth, initially just being allowed to journey along Haworth loop (it wasn't until June 1968 that the Railway operated along the whole length of the branch line). With the arrival of the locomotives the operational volunteer role was established. The commitment, enthusiasm and vision of those early volunteers paved the way for what we see today: a pool of nearly 500 volunteers who operate the Railway throughout the year. Without those early volunteers refurbishing and replacing the track work and restoring the stations and the operational fleet, we would not have a historic gem on our doorstep.

We will be marking fifty years of volunteer efforts through the year, and it was great to begin the year's celebrations by commemorating the founding of the Vintage Carriage Trust (based at Ingrow Station) fifty years ago, by operating their 125 year old locomotive and equally vintage carriages.

The efforts of our volunteers go way beyond the operating staff you see working

on the stations, driving and guarding the trains and running the shops and buffets. There is a whole team working hard to maintain the track and infrastructure; a very talented group who restore and service the locomotive and carriage fleet; and a whole cadre of volunteers who deal with all aspects of the administration of running a Railway. Yet again, and thanks to the efforts of our operational volunteers, in very trying circumstances, we recently provided one of the only safe routes in and out of Oxenhope due to the snow and ice on the road, with all the services operated by our volunteers.

With so many roles and opportunities, I do hope that you will consider joining our volunteer team. Whilst we provide full training and - as you would expect - have very stringent standards that must be met for all operational roles, there are so many aspects to running a railway that we are keen to hear from anyone with skills that will help in any area of administration or operation. Please do contact me or the admin team in the office to discuss volunteering further, or check for further details on www.kwvr.co.uk

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get crafty with the kids



When the weather is bad and you can't get outdoors why not revisit the craft box and indulge in some messy fun. Many of us never think about the valuable learning experiences that kids get from being up to their elbows in paint or glitter, but this is just one of the ways they can learn and develop whilst they're playing.

Art allows unstructured activities where you can explore your imagination and express your feelings. Craft is often a little more structured with a finished product already in mind.

When children participate in both arts and crafts, creativity and imagination receive strong stimulation, a child with a paintbrush in his hand suddenly has the ability to create vivid paintings and express themselves boldly with colour and brush strokes communicating feeling and thoughts.

With exposure to various types of arts and crafts, a youngster can develop their own styles or preferences. As they play, they will be setting a series of small goals, which they can achieve and feel pride. Of course, this always made better by someone

else's approval, so come on remember to show an interest and praise their work. A little encouragement goes a long way and kids will be critical enough of their own creations, although that's not altogether a bad thing as they can use their past creations to monitor and celebrate their own progress!

Some literacy and mathematical concepts can become easier to understand and more interesting with the addition of art. Inspired to create characters from a book or computer game can give a youngster a boost in their comprehension or reading skills and a child who explores shape, patterns and perspectives can find certain aspects of their numeracy easy to understand.

Craft also improves life skills. Your child learns how to communicate visually, build problem-solving skills and fine motor skills when making their creations. It can even help develop social skills as they work with other people. They also learn to appreciate the artistic strengths of others, which leads to an understanding and acceptance of their own skills and abilities. They also learn the ability to follow instructions and feel the satisfaction of seeing the results. If you can't stand the thought of vacuuming glitter out of the carpet or scraping glue off your favourite table why not look out for art and craft events in your area. Local libraries and museums often provide activity days that are free or at a very small cost. The benefits will be the same; it's just a bit less messy for you!

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Finally The Office Furniture Outlet would like to give a BIG THANK YOU to all their customers for the continued support and business and looking forward to a good year in 2015.

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Recipe



Aromatic Thai Soup for 2

Ingredients

- 2 inch fresh root ginger, peeled and roughly chopped**
- 1 red chilli, seeds removed (optional), roughly chopped**
- 1-2 stalks lemon grass, tough outer layers removed, roughly chopped**
- 2-3 garlic cloves, peeled**
- 1 handful fresh coriander, a few sprigs reserved and chopped**
- 1 tbsp vegetable oil**
- 1 tbsp coriander seeds**
- 1-2 pinches ground turmeric**
- x3 mugs of vegetable stock**
- A couple of handfuls rice noodles**
- 1 x 400ml/14fl oz can coconut milk**
- 1 large handful raw, peeled tiger prawns**
- A few splashes Thai fish sauce, to taste**

Blend the ginger, chilli, lemon grass, garlic and coriander in a food processor until quite finely chopped, adding a little vegetable oil if the paste is too dry.

Add the paste to a large shallow pan and cook for a few minutes to release the aromas, stirring frequently. Roughly crush some coriander seeds with a pestle and mortar and add to the paste with a pinch

or two of turmeric and the vegetable stock and simmer for a few minutes.

To soften the heat of the sauce, add the coconut milk to the pan and bring back to the boil. Reduce the heat and simmer for a few minutes while you devein the prawns by cutting along the back of the prawn with a small sharp knife and removing the black 'thread' using the point of the knife.

Meanwhile, pour some boiling water over the rice noodles in a bowl and let them sit until they have softened, about 4-5 minutes, then drain and set aside.

Add the prawns to the soup and cook for 2-3 minutes, or until pink and tender, finishing off with splashes of Thai fish sauce, to taste, and more chopped fresh coriander, to your taste.

To serve, divide the drained noodles between two bowls and ladle over the aromatic soup with the prawns and serve straightaway. Chicken, scallops or mushrooms are a great alternative to the prawns.

This gorgeous fresh soup takes less than a 1/2 hour to make and delivers the right amount of warmth and spice for a cosy supper. Enjoy!

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Can you identify the building or landmark indicated by the red cross in this photograph?

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Email your answer to:
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The winner will be selected from all correct answers received by Feb 15th, 2015

Last month's winner was Avril Foster.
The correct answer was Oxenhope Community Centre
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Sun 1st Feb until 8th June Bronte Parsonage Museum Heathcliff

Adrift An exhibition of poetry and photographs

Tues 3rd Feb Cross Roads and Lees Ladies Group at 7.30pm St James Church Hall - Beetle Drive.

Fri 6th Feb Blood Donor Session at Victoria Hall, Victoria Park, Keighley. 12.45pm- 2.45pm & 3.45pm - 6.30pm.

Sat 7th Feb Juliet Barker at Keighley Library at 2pm. Dr Juliet Barker is a Yorkshire Historian specialising in the Middle Ages and literary biography. She is the author of works on the Brontes, William Wordsworth, and Medieval Tournaments. From 1983 to 1989 she was the curator and librarian at the Bronte Parsonage Museum, Haworth.

Mon 9th Feb Stanbury & District WI 7.30pm at West Lane Baptist Church Crafting and Rubberstamping with Karen Watts Competition:- A homemade bookmark

Tues 10th Feb Keighley Healthy Living, Scott Street, Keighley, BD21 2JH 10.30am-12pm Maternity Partnership is conducting a series of focus groups throughout the district

to understand people's experience of using maternity service which will help them to make improvements and identify what is important to people using maternity services. more info email mohammed.shafif4.net.

Sat 14th, Mon 16th - Weds 18th, Fri 20th & Sat 21st Feb 29th Oakworth Methodist Pantomime Humpty Dumpty on stage in the Church at 7pm . Matinees on both Saturdays at 2pm. Book on-line www.oakworthmethodist.org or call 01535 642625 email janet.raymond@me.com

Sat 14th & Sun 15th Feb Haworth Craft Fairs at the Old School Rooms Haworth 10am - 4pm
Sat 14th until Weds 18th & Sat 21st & Sun 22nd Feb Half Term Outdoor Fun at East Riddlesden Hall 10.30am - 4pm. Show off your den and mud pie making skills in the Discovery Garden. Look for the Riddlesden Hob in his Hobbit House and spot birds from the Bird Hide. Still want more? Try our family nature trails and seasonal craft activities. For further details see www.nationaltrust.org.uk/east-riddlesden-hall.

Sun 15th Feb INGROW MODEL RAILWAY SHOW 11am - 4pm For the first time, the railway will be holding a Model Railway Show which will be held at Ingrow in the Exhibition Hall of the Vintage Carriages Trust's Museum of Rail Travel. See the wonderful model railways of Yorkshire in The Museum of Rail Travel. Model Railway Societies from around the district will be coming together to show

their best creations and demonstrate their model railway layouts in action.
Mon 16th until Fri 20th Feb 10am -4pm Pop Up Play Shop at Keighley Town Centre School Holiday Event. Pop Up Play Shop and low cost crafts and play resources for sale. Scrap Magic shop selling arts, craft and scrap supplies for creative play activities at low cost. The scrap materials are recycled from local companies; they are all clean and safe suitable for children's use. Open access play area including large scale junkmodelling, dressing up and craft activities. Supervised by qualified staff, leave your children while you shop or join in the fun. For further details see www.bcep.org.uk

Mon 16th Feb Half Term Fun 'Make a Bird Feeder' at East Riddlesden Hall 1pm- 3pm. Make a bird feeder to hang in your garden with our friendly volunteers. Drop into one of our bird feeder making sessions. Then become a nature detective by exploring the gardens and Riverwalk with our family nature trails. General admission plus £1 to cover materials

Thurs 19th Feb Oxenhope Gardening Club at 7.30pm in Oxenhope Community Centre, Shaw Lane, Oxenhope, BD22 9LS

Those plant people from Steeton, Pippa and Andrew Chapman: Let's Grow Keighley – Growing more food and trees locally to create a healthy and resilient community and to tackle the growing problems of hunger and poverty.

Fri 27th Feb - Sun 1 Mar Winter Steam Gala at Keighley and Worth Valley Railway Our Winter Steam

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Tues 3rd March Oakworth Village Society Annual General Meeting

Holden Hall 7.30pm. Guest Speaker Being & Share Supper All Welcome
Tues 3rd March Cross Roads and Lees Ladies Group at 7.30pm St James Church Hall Fun Quiz.

Sun 15th March Mothers Day The Keighley BigK is a challenging 10K follows a circular route through the paths parks and roads of Keighley. The event is run in aid of Sue Ryder Manorlands Hospice As the event is held on Mothers Day, many people take part in memory of their mum and others do it with their mum or to make her proud. The event starts at 9:00am and we ask people to arrive by 8:20am to register and collect their timing chip. In addition to water at the water stations, participants will receive a goody bag, a 2015 BigK 10K technical t-shirt and all mothers who cross the line will receive a red carnation as a gift on Mothers Day. email andrew.wood@sueryder.org or call 01535 640176

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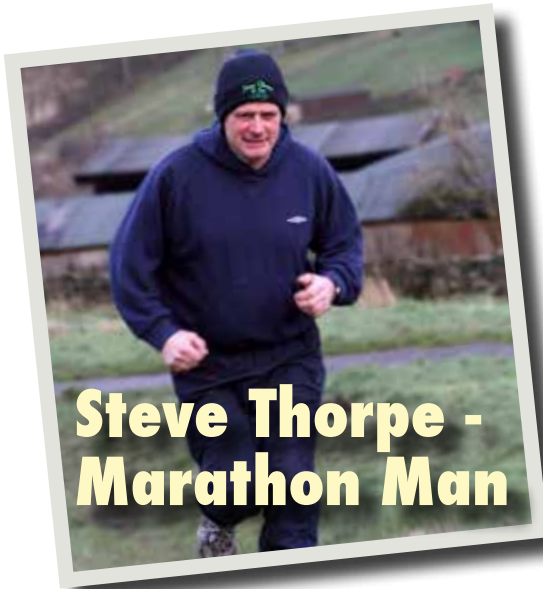


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I can be sponsored by contacting me on 07969658743 or e-mail - gardening@steve-thorpe.co.uk

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What are Verrucae?

Verrucae are viral warts caused by the human papilloma virus (HPV) infection and are commonly benign.

Warts often appear on the hands and/or feet. Warts appearing on the sole of feet are commonly termed 'verrucae'; these can spontaneously disappear within a couple of months or even years owing to bodies own natural immunity.

Verrucae are contagious; the virus thrives on warm, moist environments such as swimming pools, sports changing rooms and bathrooms. Therefore, it is not recommended to walk about barefoot in these areas.

The difference between a corn and a verruca is that a corn is simply a build-up of dead skin cells with a hard centre (nucleus) whereas; a verruca is a viral infection. The verruca often has overlying hard skin (callus) and in addition, the skin line pattern (striae) will be interrupted and there may be an appearance of small black spots (small blood vessels) within the lesion.

If you do have a verruca (or verrucae's – plural), try and not to touch or scratch the affected area because this may spread the

virus. Verrucae can spontaneously resolve themselves in children; however, adults may find that they persist.

There are many products that can be found over the counter, however, if in doubt or you have vascular problems, diabetes, rheumatology, neuropathy it is best to seek professional advice. However, please note that undertaking any treatment is not guaranteed to resolve the verrucae.

Available therapies include freezing (cryotherapy) caustic (silver nitrate) tea tree oil (antiseptic and antimicrobial) and salicylic acid to name a few. Cryotherapy

works by freezing the verruca and can be painful and can cause a blister.

Treatment can sometimes take between 3 and 6 applications before gaining satisfactory results, but in some cases this treatment may not ultimately resolve

verrucae. Silver nitrate is another therapy that is commonly applied, however, when undertaking this particular treatment the skin will turn black where the nitrate stick is applied.

Ongoing reassessment is required so the affected area of skin can be removed gently with a scalpel (debrided) in its place should be new healthier tissue and a few treatments may be necessary but eradication of the virus cannot be guaranteed.

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Celebrating 50 years in style

To celebrate a 50th anniversary is always a good thing. To celebrate FOUR such anniversaries one train has to be something of a record, but that is exactly what series of special trains on Saturday 20th January did.

The VCT owned Manning, Wardle 0-6-0ST "SIR BERKELEY" arrived on the KWVR back in January 1965. The locomotive was then owned by Roger Crombleholme, who subsequently presented the engine to the VCT. Over the next few years, the little engine was a familiar sight in the valley, but was really too small for operation on service trains and therefore spent a lot of time out of use. The 1891 built engine was transferred to the Middleton Railway in Leeds back in 1995 and was given a

major rebuild which included a new boiler and all new tyres in 2005. The engine has been made available for use at VCT for the next few months to celebrate this and other significant anniversaries before going back to work out the last few months of the boiler certificate before the next 10 year overhaul.

The loco hauled a special train comprising Manchester, Sheffield & Lincolnshire 4 wheel coach No 176, built in 1876 and South Eastern & Chatham Brake 3rd no 3554, actually built by the Southern Railway in 1924.

Both these vehicles first appeared on the Worth Valley in 1965, the MS&L coach being in ex-BR Departmental service condition – a shell!- the "Chatham" as it is known, being in reasonable running condition. Over the years, both vehicles

have been restored to a high standard, with the MS&L receiving the HRA Carriage Award following its restoration in 1980, thus both coaches are also 50 year veterans.

As if those three anniversaries were not enough, the VCT itself celebrates its 50th year in 2015 so the train celebrates that anniversary as well!

The first of three celebration trains left Ingrow at 1200 for Keighley. Aboard was Keighley Mayor and former KWVR Chairman Graham Mitchell along with other invited guests from our partner organisations and local tourist and museum bodies.

The two subsequent trains left Ingrow at 1330 and 1500 and were well patronised by both VCT members and also members of the public, all of whom thoroughly enjoyed the sight of this vintage train running up and down the line.

The train could not have operated without the cooperation of our partner organisations, KWVR & BLS, who provided the crews and Middleton Railway, who released the loco at the end of the Summer season – although that has meant that we have had to do some maintenance which would otherwise have been done during his winter layover in Leeds.

This event proves once again what can be achieved when the various organisations on the Worth Valley pull together and we all hope that similar events will take place in this and future years as plans to develop the Ingrow site progress.

It is intended to use SR BERKELEY on the KWVR Gala in February and also at a Model Railway Exhibition at Ingrow on 15th February this year

**Ian Smith
Committee Member, VCT**



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Sudoku Puzzles

The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once.

1

		3	4		9		7	
		7	6		1		2	5
	5		2			8		
	3			9	6			
				4				
			5	1			9	
		5			8		6	
8	9		7		4	5		
	6		9		5	2		

2

				7	5	4		6
					2			
		4		3		7		1
5							4	
6		1	5	9	7	2		3
	3							5
4		8		1		9		
			7					
2		3	9	8				

3

		4		2	6			
2	9	1				6		
			3			8	2	
				7		4		9
	7						5	
3		6		4				
	4	3			9			
		8				5	9	7
			8	5		3		

4

7	4		9					3
		9				8		
	3		7	6				5
4				8	5			
				3				
			2	9				4
	9			2	1		3	
		7				1		
1					6		9	5

Sudoku solutions : see page 39

BUSINESS DIRECTORY

Accountancy / Business Related

Accountax p22
Ask Andrina p22
Worth Accounting p22

Aerials/Audio/TV

ADI p36
Digi-man Aerials p36
ILR p36

Animal Related

Mutt Club p33

Attractions/Events

Big10K p11
Bronte Parsonage Museum p8/9
Fairtrade p14/15
Jumble & Pearls p 22
KWVR p16

Oakworth Social Club p33

One to One Yoga p13

Trek Kilimanjaro p11

VCT p34/35

Beauty/ Therapy / Hair

Chillout Zone p13
Freedom Hair p13
Haworth Physio p26
Holistic Room p13

Blinds/Curtains/

Carpets/ Upholstery

Jenkins Carpets p4
Phillipes p4

Building Services, Joinery,

ADP p24
D&R Construction p27
Handyman p36
Haworth Handyman p36
Hargreaves p6
Micks Roofing p4
Total Construction p36

Butcher

Leadbeaters p29

Cleaning / Domestic

Adele's Ironing p31
Charlies Helping Hands p13

Craven Carpet Clean p6

JA Services p31

Little Miss Spotless p

Pure Sparkle p31

Child related

Lees Pre-School p17
Rocking Horse Nursery p27

Chimney Sweep

Bristles p17

Chiropody

Chiropody to your Door p33

Heel2Toe p32/33

Mobile Chiropodist p 13

Waterhouse Podiatry p33

Computer Related

PC Consulting p3

Counselling

Vivien Wallwork p12/13

Damp

Phoenix Exteriors p26

Design

Modo p5

Electrical

MWT Electrical Services p36

Estate Agents/Property

Alms Houses/Hayfield

Robinson p31

Davies Lettings p6

Whitegates p6

Fuel/Heating

Anchor Logs p16

Hartley & Whittaker p16

Funeral and related

Lyndon Leeson p39

Holidays

Upwood Holiday Park p22

Ye Sleeping House p15

Job Vacancy

Upwood Holiday Park p22

Locksmiths

Absolute Locks p16

Mobility

Fenetic Wellbeing p39

Opticians

Airedale Opticians p40

Painting & Decorating

Brooks DIY p2

Andy Beattie p4

Jacques Balson p4

R.P. Decorating p4

Photography

You in Frame p26

Plumbing / Tiling

A Butterfield p24

JSC Plumbing p24

S. Thompson p24

Restaurants/Pubs/Food

Black Bull p15

Chaplins Bistro p22

Fortecas p14

Goats Head p3

Lemon Tree p15

Newsholme Manor p24

Relish p7

Slow Cook Kitchen p14

The Old Registry p9

Retail

Brooks DIY p2

Office Furniture Outlet

p22/23

Queensbury Kitchens p40

Silverland p31

Sonia's Smile p15

Tattooing/Removal

Electric Art Studios p17

Septic Tanks

Mitchell p26

Solicitors

O'Neills p2

Taxis

Bronte Taxis p30 & p39

Tuition/Education/Training

Cressida Sharp p19

Kip McGrath p19

Kumon p19

Tutor Doctors p18/19

Windows/Doors

Bob Beattie p4

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1

2	8	3	4	5	9	1	7	6
9	4	7	6	8	1	3	2	5
1	5	6	2	7	3	8	4	9
5	3	4	8	9	6	7	1	2
7	1	9	3	4	2	6	5	8
6	2	8	5	1	7	4	9	3
3	7	5	1	2	8	9	6	4
8	9	2	7	6	4	5	3	1
4	6	1	9	3	5	2	8	7

2

3	1	9	8	7	5	4	2	6
7	6	5	1	4	2	3	9	8
8	2	4	6	3	9	7	5	1
5	8	7	3	2	1	6	4	9
6	4	1	5	9	7	2	8	3
9	3	2	4	6	8	1	7	5
4	5	8	2	1	3	9	6	7
1	9	6	7	5	4	8	3	2
2	7	3	9	8	6	5	1	4

3

8	3	4	1	2	6	9	7	5
2	9	1	5	8	7	6	4	3
7	6	5	3	9	4	8	2	1
1	8	2	6	7	5	4	3	9
4	7	9	2	3	8	1	5	6
3	5	6	9	4	1	7	8	2
5	4	3	7	6	9	2	1	8
6	2	8	4	1	3	5	9	7
9	1	7	8	5	2	3	6	4

4

7	4	5	9	1	8	6	2	3
2	6	9	5	4	3	8	7	1
8	3	1	7	6	2	4	5	9
4	7	3	1	8	5	9	6	2
9	1	2	6	3	4	5	8	7
6	5	8	2	9	7	3	1	4
5	9	6	4	2	1	7	3	8
3	2	7	8	5	9	1	4	6
1	8	4	3	7	6	2	9	5

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