WORTH VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2016

Action

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It's been a good year for summer fruit, and if ever there was a perfect month for crumble, September is it! Do try the Apple and Blackcurrant recipe on page 8, or order it the next time you visit 3 Acres in Crossroads; you won't be disappointed.

School children may be back in the classroom but many parents are considering options for next year. David Wood, Deputy at Woodhouse Grove, gives some wise council and practical advice for making informed choices in the months ahead.

Chaplins Bistro with nearly 20 years

serving residents & visitors in Haworth re-opens as Chap n Barrel with a refurbished look & a new approach: see page 23 for more, including two great offers! Enjoy September.



Liz Barker

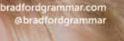
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Slimming World

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7:30pm Riddlesden Reformed Church Call/text Barbara on 07582 468366

THURSDAY

5pm or 7pm, Haworth Baptist Centre Call Andrea on 01535 642319

slimmingworld.co.uk **F 0** 0344 897 8000

SATURDAY

9am Church of Nazarene, Oakworth Rd, Keighley Call/text Lynn on 07800 865331

Consultant opportunities for new group openings are available for past and present members in the area, please call Carla on 01274 401339 for more details.



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MAKING AN INFORMED CHOICE – PAINT YOUR OWN PICTURE

It would be fair to say that making a decision about which school to select for your children's education is one of the biggest emotional "purchases" any parent will ever make.

Reputation, school car park chatter and "dinner party talk" may have coloured your picture of a particular school and that decision is further complicated by the plethora of information available to you. So how to progress?

1. Set aside any preconceptions garnered over the years and draw up a short list of possible schools that you believe may suit the particular nature of each of your children. Then determine to get under the skin of the school!

2. Visit the school's open days. Inevitably, these will show you the school in its best clothes, and they should impress, but you can gather so much more from these days by taking the opportunity to talk to the students, observe their interactions with staff and get a feel for their enthusiasm for their school.

> 3. Visit and tour the school on a normal school day. How does the school "feel"? Peer through classroom windows - are pupils engaged and involved. 4. Arrange for a meeting with a key member of staff. Discuss the particular strengths and

weaknesses of your child. Remember to dig below the surface of any published exam results or academic achievements. Such things must always be taken in context. Consider just how much value the school is adding. Discuss class sizes and setting arrangements. 5. Do you know any other parents of students at the school? If so, seek out their views – has it been the right choice for them, and why? How do their children feel about their school?

6. Is it convenient? How much of the day is going to be "lost" in transit? Are there convenient bus or train links? Is breakfast and or an evening meal available should they need to stay on at school or arrive early?
7. Is my son or daughter going to be known by all members of staff? Consider the schools size and fit. Are my son or daughter's horizons going to be broadened by the people and the opportunities at this school?
8. Most importantly, involve your son or daughter in as much of the process as possible. It needs to be a shared journey to a final decision.

Of course there are so many other questions and any good school should be happy to spend time in helping you make the right choice. The key to this particular journey is to set any prejudice aside and begin painting your own picture of a school that you believe fits around your individual child. Once complete, paint your child in, comfortable that you have done all you can to help secure their future in the right environment.

David Wood – Deputy Head (External Relations), Woodhouse Grove School



Open Mornings 24 September and 19 November 2016



Apperley Bridge train station is directly opposite school and we operate return bus services from Steeton, Ilkley and Keighley.

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 variety of flexible boarding options are available to meet our family's needs.



A range of co-curricular activities are available, so there is no need to join the after school rush.









Could you visit a family in their own home to offer friendly, practical, and confidential support? Do you have parenting experience? Do you want work experience in family support? We encourage potential volunteers with a second language For more information, call 01274 666711 or email: office@homestartbradford.co.uk

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This Month: Friday 9th September - 7pm

Poetry Open-Mic Evening FREE

An opportunity for writers & poets to bring their own work - a single poem or up to 700 words of prose - to read out to a room of eager ears & literary lovers! Featuring an introduction from Mslexia editor Debbie Taylor.

Saturday 24th September - 8pm

Deep C Divas in Concert £12

Having previously played at Sydney opera House and other much larger venues, now Deep C Divas and River Wolton will be joining us for an intimate evening of poetry & song with a delightful mix of music from 8pm. Join us for a pre-concert meal. (Pre-booking & pre-ordering is essential for this popular event.)

Save the Dates: Special Christmas evenings Friday 9th & 16th December - details to follow!

It is time to book your Christmas works do. Ask us about the special menu options for lunch or evening.

Open 7 days - 8:45am - 5pm (including some evenings for special events) **01535 958961**

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BRADFORD





'Acres Apple & **Blackcurrant Crumble**' by Tom Hudson, Head Chef at 3 Acres

Section 1 - Crumble Topping

Ingredients

250g plain flour 125g caster sugar 125g unsalted butter 50g oats

Method -

1. Rub the butter into the flour before adding sugar and oats. 2. A light breadcrumb texture is required to ensure the crumble is light and fluffy. 3. Set to one side for later use.

Section 2 - Crumble Filling Ingredients 4 cooking apples 30g unsalted butter



1 tsp around cinnamon 150g Yorkshire blackcurrants 50g caster sugar 50g light brown sugar

Method -

1. Core apples and dice into 2cm cubes.

2. Place butter in a saucepan and heat on the hob until melted.

3. Then add apples and cook for three minutes. 4. Next add your blackcurrants and cinnamon and cook for a further five minutes on a low to medium heat until fruit is soft.

5. Add caster sugar and light brown sugar to mix. Reduce for a further ten minutes. 6. Then cool.

To serve - add filling to overproof dish, cover with crumble topping and bake for 7-10 minutes at 180c degrees - enjoy with homemade custard or vanilla ice-cream.



Tom Hudson with Paul Malvon. chefs at the 3 Acres, heading up the kitchen and catering team. Tom has recently completed his dearee proaramme in nutritian. health, and life style.

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Get online with the help of Airedale Enterprise in Keighley and Get Online Week! October 17-23 will see FREE events take place in communities all across the country, showing people how

the internet can make life easier, cheaper, healthier and more fun!

The 2016 campaign is the tenth Get Online Week, and in the last decade it's helped almost 500,000 people discover the benefits of getting online, and you or someone you know could be next!

Whether you're looking for help making better use of the internet to find work or save money, or if you'd like support getting a friend or family member online, Airedale Enterprise Services, your local support centre, can provide the wherewithall to make it happen!

Arthur Mills, 87, is already seeing the benefits. After being encouraged to get a computer by his daughter Sue, he said: "I think the internet has given me extra life I'm convinced of that. I don't think I'd be around by now if I didn't have that, I really don't. They taught me to shop online, I do my banking online I do everything online now. It's so much easier for people and even better it's really brought me out of myself, too."

For Rob Smedley, 40, from Doncaster, digital skills meant getting back into work for the first time in three years. He says: "With advice



and guidance I dusted off and updated my old CV. brushed up on my rusty computer skills and internet etiquette, and did some mock interviews. And gradually my confidence started to grow again as I got up to speed. It was massive.

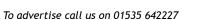
Exactly what I needed, and a real turning point in my life."

Rachel Littleford, 30 from Doncaster has used

the internet to manage a longterm condition and support the health of her daughter after getting online. She tells us: "After I got diagnosed with a serious condition I wasn't really in the best place to ask the right questions. But I could go away and look things up online. I found out lots more information, and many stories from people living with the same condition. That really helped me."

For a Get Online Week event near you visit www.getonlineweek.com or call Lynne at Airedale Enterprise Services on 01535 607775 and ask for help with digital skills.

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Oxenhope Bay Horse Pensioners Group enjoyed a day out at Millstones & Mill 67 in Harrogate where they shared a leisurly shop, two course meal, & entertainment including music, dance, and 'Play Your Cards Right'. The day was funded by the Bay Horse Pensioners Group, giving local residents a special treat and an opportunity to socialise with neighbours in a new setting.

This friendly group meet weekly on Tuesdays at The Bay Horse pub in Qxenhope between 1-3pm. All welcome!



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Black Pots & **Rivock** Plantation

6.3km circular walk (3 3/4 miles)

The Walk Route

Starting from the rough informal car parking area located where Holden Lane meets Silsden Road, overlooking Keighley in the Aire Valley below. Turn right and walk the short distance to go through the smaller of the two footbridge gates near the dry stone wall on your right leading into steep Φ. a field. From here the footpath follows the dry stone wall on your right as you head gently uphill towards the telephone mast at Rivock Edge, which can be seen in Out Laith (ru grassy track faint path (long farmovar rough grass) large stones Rough Holden Farm ack (not public) To Silsder Hoods Stone Television Relay Static Baden Powel Holdon Gate rock carving Key Route Stile/Gate Footpaths To Keighle 1000 View point & Morto Bradford/Barden underground aquaduct Transmitter mast

the distance.

On nearing the mast at the top of the incline bear right at the wall corner to follow the well trodden path down a gentle slope, passing in front of the fenced off

compound of the telephone mast on your right, as you make your way down to the field gate and stile. Through the gate or over the stile, the path becomes a wide grassy track. From here follow the stone wall on your

left as you make your way gently downhill, eventually passing the two farm houses on the left at Rough Holden Farm, before going through a field gate in what is best described as a farmyard with old buildings, discarded farm implements and junk. Follow the obvious track through the farmyard to exit via another field gate and continue along the track, passing below the stone built pump house on the hillside on your right, which is built over the Wharfe Aqueduct.

Black Pots

Grance

Just beyond the pump house the track divides, here continue to follow the well-defined track, as it bears right up a slight incline to a field gate at the corner where the track turns right. Go through the gateway ignoring the obvious track which turns sharply left downhill, to walk straight ahead passing the pile of large stones on your right and up the grassy bank to walk through the long grass across the field. After a short distance the path crosses a small stream and eventually reaches a gateway in the post and wire fence. Through the fence our route bears to the left, walking through the rushes across the rough intake land heading for the derelict building of Out Laith which can be clearly seen ahead beneath the mature tree. On reaching Out Laith climb the stile to the left of the building over the dry stone wall and down a small dip in the surface of the field, climbing up the other side to go over a second stile which will lead you into a field to the rear of the building.

Continue up the second field straight ahead, cutting across the right hand corner of the field to where the grass path gives way to a well used limestone farm track, adjacent to a farm gate on your right. Here walk along the limestone track for approx 25yds (23m) to a stile in the dry stone wall on your right beneath the first mature tree on your right. Climb the stile over the wall into the next field to follow the path diagonally to your left to the next stile, located half way up the dry stone wall, which can be seen directly ahead. Over this stile turn right uphill for the short distance to the next stile over the old fencing next to a field gate to continue across the field by bearing slightly to your left, heading for the narrow field gate in the top left hand corner of the field.

Through the gateway follow the dry stone wall on your left until you reach the stile through the wall on your left just beyond the gap with the rusty metal railings. Climb the

stile and head straight across the field towards the stile in front of the building at Blackpots, which can be seen ahead. Climb over the stile in front of Blackpots onto a wide farm track (Jerry Lane) and turn right through a field gate to continue following the track through a second gate before starting a short climb into the trees of the Rivock Edge plantation (for more information see 'just for interest along the way'). Follow the well-defined path between the trees of the plantation, only occasionally seeing daylight, before eventually emerging out onto a wide limestone forestry road. Turn right here along the limestone road for approx 20yds (18m) before turning sharp right off the road again to walk in the darkness under the canopy of the trees. Follow the well defined path, which eventually breaks tree cover to give a panoramic view along the Airedale valley and beyond. At the end of the clearing bear left up an incline back into the aloom and darkness of the plantation, before exiting the plantation via a metal gate into a field.

Once in the field the path is straight ahead, heading for a gateway slightly to the left of the television mast which can be seen in the distance. Through the gateway continue in the same direction in the second field and through a second gateway to join the limestone track near to the television mast. Turn left along the limestone track following it as it eventually bears right downhill past a couple of farm buildings on your left and through a gate out onto the busy Silsden to Morton road. Turn right to walk along this busy country road for approx 1/4 mile to aet back to where you started your walk at Holden Gate.

We hope you enjoyed your walk. If so tell your friends, if not, or you have encountered any problems please tell us at:

City of Bradford Metropolitan District Council Dept of Regeneration

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STEVE THORPE

Hardening.



It doesn't seem two minutes since we were getting the ground ready for sowing the summer seeds and here we are now nearing the end of another growing season.

Hopefully you will have lots of produce to harvest in the vegetable garden which will keep your kitchen stocked up for a while. It has been such a strange summer with some days feeling more like an autumn day. This has obviously affected some crops but I suppose we are all now used to the great British summer. There generally seems to have been heavy crops of fruit so carry on picking and freezing to get stocked up for the winter.

Lift those main crop potatoes and store in a cool, dark place. Two weeks before you lift your potatoes cut the top growth to ground level as this will help to harden the skins. Once the leaves of your onions begin to flop shows that they are ready to harvest. Hang up in bundles or lay on a greenhouse bench to dry off.

Place something like a piece of wood, slate or some straw under your pumpkins, marrows and squashes to lift them off the ground and stop them from rotting. Remove any leaves covering the crops that might stop their development. Now is the time to plant spring cabbage and winter onion sets. Once you have harvested all your peas and beans simply cut off the top growth to ground level and leave the roots in to rot down as they will release nitrogen into the soil.

In the flower garden carry on feeding and dead heading to help prolong the flowering season.

Divide any herbaceous perennials and plant in their new positions while the soil is still warm but usually wetter. For the same reason plant any new shrubs to give them a good start for next year.

Prune your climbing and rambling roses as they finish flowering.

Now is the time to start picking out your preferred spring bulbs. The selection of varieties and colours is now unbelievable and are such good value for money. Most can be planted and left to come up year after year, getting better with age. Retailers and garden centres will now be starting to get stocked up with spring bedding plants such as pansies, polyanthus,

bellis daisies and myosotis. Once again the varieties and colours are unbelievable and they can be used to fill up the gaps as your summer bedding dies off.



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in the Worth Valley? COMPETITION

Can you identify the building or landmark indicated by the **red cross** in this photograph?

This months prize is generously donated by Keighley & Worth Valley Railway: Day Rover Pass

Email your answer to: mail@worthvalleymag.co.uk The winner will be selected from all correct answers received by September 18th 2016.



Last month's winner was: Judi Sutcliffe from Oxenhope. The correct answer was Saint Mary's Church, Oxenhope.

Google Earth ©

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Lunches Thurs - Sun 12-2pm Evening Meals Thurs - Sat 6.30 - 8pm

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COMMUNICAPAGES

Every Thursday at Holden Hall, Oakworth 1pm-3pm. Oakworth Young

at Heart is a social group for the over 55's, with a different event each week. Quiz, Speaker, Bingo, Trips Out, Fun Games, Dancing and much more. We look forward to welcoming new members, so do come and join us. For more details, call 01535 958915 Tuesday's 1.00 till 3.00pm

Pensioners Club. Bay Horse Oxenhope -All Welcome.

Fri 2nd Sept Haworth Cinema presents THE JUNGLE BOOK (PG) at

West Lane Baptist at 7:30pm, adults £4, children and students £2.

Sat 3rd Sept Starlight Hike

Registration from 6pm.Have a fantastic night out under the stars on a 10k walk through Oxenhope and surrounding villages, remembering loved ones and raising funds for Manorlands Hospice. With a new route, entertainment and featuring the incredible Starlight Express train ride, this is a night not to be missed! More info 01535 640431

Sat 3rd Sept Late Summer Soiree

7.30pm at St Gabriel's, Stanbury. Music Song & Laughter, Pie & Peas supper £5 per person for tickets call 07753 842246

Sun 4th Sept Singalong Sunday at Wuthering Heights, Stanbury. Hosted by Reuben, Ruth and Ian. From 4pm

onwards with Open Mic slot between 5pm and 6pm. Every first Sunday of the Month going forward.

Sun 4th Sept 12-5pm Jumble & Pearl Family Pop up Fair at the Old School Rooms Haworth. **Tues Sept 6th 7.30pm Cross Roads & Lees Ladies Group** meet at St James Church Hall. Fire & Fjords speaker Pam James

Weds 7th Sept (every Wednesday) 2-4pm at Cobbles & Clay, Haworth Creative Writing Group for beginners & professionals. Run by a professional teacher. Call Hilary to book your place 07428773772.

Thurs 8th until Sun 11th Sept 10am -4pm Rail Story at Ingrow Loco, Ingrow Bridge, South Street, Keighley (part

of Heritage Open Days) Rail Story is the home of the Bahamas Locomotive Society New this year will be the participation of the Vintage Carriage Trust, the Carriage Museum also situated at Ingrow. who will also be offering tours of the museum and workshop.

Fri 9th until Sun 11th Sept St Mary's Church, Hebden Road, Oxenhope

Bell Tower Open Day (part of Heritage Open Days - times vary each day) Visit the bell tower, see the bells and the WWI War Memorial clock. There will be displays around the theme of Oxenhope in World Wars I and II. There will also be demonstrations of bell ringing and visitors will be able to experience basic bell handling under instruction. Event not suitable for children under the age of 9.

Fri 9th until Sun 11th Sept Bronte Festival of Women's Writing at Bronte

Parsonage Charlotte, Emily and Anne Bronte were pioneering women writers and continue to inspire contemporary literature in limitless ways. The Museum is delighted to be hosting its sixth festival dedicated to showcasing and celebrating women's writing and has partnered with Mslexia to present a weekend of talks, readings, performances and workshops. Sat 10th Sept 2pm - 3pm Heritage Open Day Tour of Alice's Advertures in Wonderland Exhibition at Cliffe Castle, Keighley. Booking Essential 01535 618237

Thurs 15th Sept at 7.30pm Oxenhope Gardening Club in Oxenhope Community Centre, Shaw Lane, Oxenhope, BD22 9LS Tulips in the Garden 'Tulip lady' and gardening correspondent in The Independent, Anna Pavord confesses to spending more on bulbs than on clothes. One of our keynote speakers for 2016, Anna has written widely praised gardening books and wrote for The Observer for twenty years. For more info visit www. oxenhopegardeningclub.co.uk

Fri 16th Sept My Heart's A Suitcase by Clare McIntyre, a play performed by Paper Zoo Theatre Company at West

Lane Baptist Centre, Haworth at 7.30 pm. Tickets $\pm 10/\pm 8$ concessions, on the door or ring 07881713202 to reserve. Two women are spending the weekend in a holiday flat. They are hoping to escape for a while, to leave their everyday lives behind. But other people start to arrive, some real and some, possibly, not. And one of them has a suitcase which contains . . .

(Strong language and unsuitable for children.)

Sun18th Sept Train rides for all the family. Miniature trains running at Marley sports field approx.13:30 until approx.17:00. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk/trains.htm Fri 23rd Sept Haworth Cinema presents OUR KIND OF TRAITOR (15) at West Lane Baptist at 7:30pm, adults £4, students £2.

Sun 25th Sept Worth Valley Horticultural Society 4th Flower, Vegetable, and Handicraft Show at

Haworth Community Centre, Butt Lane Please contact Show Secretary Mike Cunningham Tel: 01535 215141, Mob: 07977 051 236 Website: mhlc@blueyonder.co.uk Fri 30th Sept - Sun 2nd Oct 6pm at Haworth Community Centre Isabella & Charlie's Cocktails & Comedy Festival.

Event in aid of Sue Ryder Manorlands. www.facebook/cocktailandcomedyfest. or 01535 643608.

Tues 4th Oct 7.30pm Cross Roads & Lees Ladies Group meet at St James Church Hall. Dementia Friendly speaker Barbara Binns.

Thurs 6th Oct Worth Valley Branch of Yorkshire Countrywomen's Association

7-30pm, Community Centre, Oxenhope Talk by Karen Shaw – Editor of Northern Life magazine. Visitors welcome £3-00, members £1-00





Originating from Bradford, the first Smokie line up was formed by school friends Chris Norman, Ron Kelly and Alan Silson. In July 1975, after several name changes and recording contracts Smokie had a top-five UK hit with "If you think you know how to love me". Further success followed with a total of 15 top 20 hits including "Living Next door to Alice" which was No. 1 in Germany for nine weeks. The band sold in excess of 30 million records worldwide. Contact 01274 567 983 for tickets.









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the Fairtrade Foundation awards by their efforts during the annual awareness raising events. They won the top prize in the Most Creative Breakfast category earning ± 300 to further their campaign. The theme for 2016 was 'Stand

up for farmers, sit down for breakfast' and when the Keighley and Worth Valley Railway readily agreed to host it, the group went all out to make it as memorable as possible. A promotional video, funded by Fairtrade Bradford, was made by John Sargent from Craven Images and added to the event's success.

Haworth is the first Fairtrade village in the world and is in very good company with (to date) 1830 Fairtrade Towns worldwide, the latest being Rio who held their official ceremony during the Olympic Games.

The Haworth group would like to thank everyone who has been involved or supported them in maintaining the Fairtrade Towns status and by spreading the word that farmers and workers across the world deserve a fair deal for the products they produce.



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A Farewell to Summer



As we say farewell to the summer, when we enjoyed the sunshine (and some bit less clement weather too) from the top deck of the open-top vintage 'bus that was providing a much-needed link between the Parsonage, Main Street and Haworth Station, we can look forward to a great season of events to see us through the Autumn.



It would be remiss of me not to mention that it's not too long until the big man and his trusty reindeer will be doing

the rounds, joining us to enjoy the Santa Special trains in the run up to Christmas. We received requests to open booking as early as January, and with us having opened the on-line booking in July, some trains on Christmas Eve and some other days are all but full, so please do visit the website to book on-line soon to avoid disappointment.

We have lots to enjoy between now and Christmas, including **the Steam Spectacular weekend, 7-10 October**, which will be the first event in a long while to which we can welcome visiting locomotives thanks to restrictions being lifted that had prevented road access.

Then later in October (20-23rd) it's the annual Beer and Music Festival, with a range of over 150 real ales and a variety of music to suit all tastes (or



cider and wine if you prefer!) with bars at Keighley and Oxenhope as well as on board the trains.

I'm very pleased that we continue to support our chosen charity, the Sue Ryder Manorlands hospice at Oxenhope, and are supporting their fund-raising **Starlight** Hike on 3rd September for which we wish them every success. Our own fund-raising effort is directed to the overhaul of one of the two steam locomotives that hauled the re-opening train in June 1968. We hope to be able to recreate that reopening train at our 50th Anniversary of the achievement of the Preservation Society's founders. It is difficult to imagine what the Valley would be like without the sight of sound of steam trains running every weekend and during school holidays throughout the year, but without the commitment, vision and enthusiasm of the founding members of the society we would not have reestablished the rail link between Keighley and Oxenhope that is so easy to take for granted.

Details of our fund raising 'Ivatt Appeal' and the special events can be found on the Railway's website, and we look forward to welcoming you on board soon. Matt Stroh





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parliament.uk

SUDOKU SOLUTIONS

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The newly formed Haworth & Worth Valley Fire & Emergency Cadets has been going brilliantly and the first group of enthusiastic boys and girls are nearing the end of the first course. We owe a big thank you to Rob Rutter, Paul Turner & Michael Ryan for running the scheme and putting something important back into their local Community. lain Chapman has worked miracles in providing our very own fully equipped fire engine that was operational only seven months ago. The cadets are so lucky to have such a resourse to aid their training. Equally Keighley firm Autotec have seen the importance of what we are trying to achieve in the Worth Valley and have very kindly offered to carry out 12 weekly checks and servicing on the fire engine. Any boys & girls living in the Worth Valley

aged 10 and upwards who would like to go on the list to join the cadets should contact me, Steve Thorpe, on 7969658743 or email gardening@steve-thorpe.co.uk.

We cannot give up on what we are trying to achieve. It is important that we keep the future generations of the Worth Valley safe and in the knowledge that help is only minutes away in the case of an emergency.

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