

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

December 2015/January 2016

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How are you doing with your Christmas shopping list this year? Keighley Market has some hidden surprises. Read my feature in the centre pages; pull it out and head to town! Airedale Shopping Centre opening times are included too, page 5.

Shake, rattle, and roll into 2016 with the American Diner in Keighley, New Yorkies. Find vintage vibes on page 8.

Read what's on in our community pages and have a magical festive season full of fun activities & special outings. Cath Bromwich shares an easy recipe for homemade stuffing on page 4.

We've included several puzzles this month to keep you pleasantly occupied while the sprouts boil on the stovetop and the rest of the family fight over the remote control for the TV.

Have a lovely Christmas!



Liz Barker, editor



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Say you saw it in the Aire Valley Mag!

COUNTRY COOKING & FORAGING FOR FOOD

For the promotion of Health & Wellbeing by Cath Bromwich



Earlier this year I shared with you my simple gravy recipe, and with Christmas on the way I thought I would add my

as you like. I far prefer it to packet stuffing, and people in my cooking groups love it – they are quite surprised at how good it can taste!



Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses, such as cooking on a budget and outdoor foraging and cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/foragercathyorkshire

solution for stuffing. I bake it spread out on a greased baking dish, with sausages on top. I don't get complaints! You can stuff the bird if you prefer, but don't pack it in. Like many traditional recipes, this is a good way of using up older bread. It is not an exact recipe, just a base for you to adapt

Cath's stuffing

Oven setting: 180°C or gas mark 4

Ingredients:

1 onion, chopped small

2-3 tablespoons of oil

1 egg

4-6 slices of white bread

salt and pepper

1-3 tablespoons of fresh herbs (e.g. thyme, parsley and sage), picked off the stalks and chopped – or use dried if you prefer. Add more to taste - you can't have too many fresh herbs!

Instructions:

Add the oil to a pan, gently sweat the onion until soft, season well. Let the cooked onion cool a bit. Take the crusts off the bread, then make the slices into crumbs (tear them into small pieces, then pop them in a blender if you have one, but no problem if not).

Mix the bread crumbs into the onion and oil. Then add plenty of seasoning: salt, pepper and your choice of: herbs, a couple of pinches of nutmeg or the grated zest of a lemon (I sometimes use both lemon zest and herbs). You can also add a finely chopped apple. Mix, taste, adjust seasoning, add an egg, mix again. Put in a baking dish and cover with sausages (or loosely stuff your bird) and bake for 45-60 minutes, or until the sausages are well cooked. Alternatively, bake on its own until the top is crispy and golden. Make more if you need a larger quantity. If you are baking your bird unstuffed, then pop a sliced lemon inside and season the bird well.



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Thursday 3rd, 10th & 17th December	9am - 7.30pm
Monday 21st – Wednesday 23rd December	9am – 7.30pm
Christmas Eve	9am – 4.30pm
Christmas Day	CLOSED
Boxing Day	9am – 5.30pm
Sunday 27th December	10am – 4pm
Monday 28th December	10am – 4pm
New Year's Eve	9am – 4.30pm
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SLEIGH

Our set of four Christmas Soduko features some of Santa's team. We would have liked to have included all of the honorable reindeer, but only some of their names will work for sudoku. These are played just like sudoku except that each of the digits is replaced by a unique letter.

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*Shake, rattle & roll
into party season
at New Yorkies diner*



Following the success of Alfie's Restaurant in Keighley, proprietors Al & Fiona were ready for a change and decided to follow their long held desire to create a 1950's themed diner in its place at the same location on Church Street in the town. "We've been to the States and love the relaxed and fun atmosphere of the American diner," Fiona confirmed.

The stylish interior is the culmination of months of planning and preparation by the couple. The result is a "Happy Days" 1950's look with all the right stuff: a wall of comfy boothed seating with sleek chrome trimmed tables, a 'free play' juke box, vintage signs, checked 50's style flooring, and rooms currently decked out with tinsel & decorations for the party season.

As for the menu, how do buffalo wings with maple syrup glaze or portobello mushrooms with mozzarella sound?...Then ease into the main attractions: we like pulled pork, corn on the cob, and tripple

cooked sweet potatoes. But you won't be disappointed in a rack of ribs or a spinach and rocket salad which includes quinoa, blue cheese and roasted pine nuts.

The burgers are enormous and epic! Homemade and from locally sourced quality beef, it's hard to go wrong. Steak, gammon and homemade battered fish are all on the menu too, and so much more. As for the drinks and dessert menus...well, you really are spoilt for choice; smoothies, milkshakes, Kelly's brand quality icecream, cheesecake, pudding & pies, chocolate fountain...(You'll have to suspend the diet!)

So shake, rattle and roll into 2016. Join Fiona and Al for your own celebrations this month or book a table on Dec 31 and toast to the New Year with a free glass of champagne. Dress in 1950's style clothing and enjoy the vintage vibe at New Yorkie's Diner.

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Where in the Aire Valley? COMPETITION

Where is the red x located in the photo to the right? ?
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Last month's location was South Craven School, Crosshills. The winner was Helen Leighton from Crosshills..

The winner will be selected from all correct answers received by 15th Jan 2016

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When a friend tells you they are heading to Keighley Market for the afternoon what do you imagine? The pictures in your head will be determined by your previous experiences of the place or by the stories others have told you. Depending on your age and social background you will have a particular view of what to expect. I can tell you, having spent a few days meeting the stallholders and shopping in Keighley Market, the experience is both delightful and full of surprises.

The council car park at Church Green is conveniently located a few steps from the market and with a little patience it is not too difficult to secure a space. Getting to Keighley Market on

public transport is a cinch; all of the buses that take you to Keighley town centre can drop you within yards of at least one of the market entrances.

The first thing I notice when entering the market is the bright and clean appearance of the place. There is a certain pride and order that is evident. I don't know if I expected a chaotic mess, but it was



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Read on to see what else Keighley Market has to offer...

say, "I'll have an Americano and that gorgeous print of Haworth Main Street to go please!" (What's more, you can cut out the Coffee Love ad from these pages and use it to save on your cup of coffee too.) I also discovered Kipling bags at Franklin handbags (unit 38/39) as well as other quality brands such as LYDC & DSUK.



I love the little Eco Chic shopping bags. (Enjoy a 5% discount at Franklin; some restrictions apply but you'll find great value here.)

If you are shopping with the family you might need to employ a little harmless and enjoyable trickery...sit them down at Funky Monkeys (Canopy Unit 3) for yummy waffles and milkshakes and leave them with Grandma or Dad for a few minutes while you nip next door to Graham's Miniature Autos to choose a few stocking stuffers. Then head to Santa's grotto in the centre of the market to pre-book your slot to visit Father Christmas. The stall next to the grotto is worth mentioning...Rowan House Textiles. Check out the stunning fabric samples for soft furnishings and curtains. I noticed bright rolls of seasonally themed coated fabric; just the thing for covering the holiday table on the run up to Christmas and oh so easy to wipe clean at the end of a baking or craft session with

the family. Make a note to return for the Rowan House Textiles January sale and treat yourself to some new curtains in the New Year.

Another worthy stop is Just 4 Paws...if you can't find a present for your favourite furry pal then something is seriously wrong; the mind boggles at the depth of knowledge and amount of merchandise in this friendly pet shop.

It occurs to me, in our fast paced and increasingly 'online' world, you can't click on a smile or download the sounds and smells of this unique market experience.

You have to get up out of your chair and get yourself moving to enjoy the life of this bustling and friendly local market. So get on that bus or pile the kids into the car... Keighley Market awaits you!

Oh, and as for that gorgeous golden pie... you'll have to smell it & taste it for yourself.



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A Special KWVR Christmas

Our volunteers come from a variety of



backgrounds and definitely from a wide range of ages. Harvey, my son, turned 13 on December 29th last year and had been desperate for some time to join our Young

Person's Group as a volunteer. Proudly carrying his junior membership card received for his 13th birthday, he joined the Group on their first working weekend of 2015 in early January and was introduced to the myriad of safety rules that we have in place, and he has never looked back since. Most Saturdays, which is our Young Person's Group working day, he and the rest of the group can be found helping with various duties around the Railway.

Having undertaken appropriate training and with close supervision,



the duties he has performed range from cosmetic restoration of our exhibits in Oxenhope shed, where the members of the Young Person's Group learn the

basics of restoration and the importance of protection and care of our magnificent heritage artifacts, through to helping out on Station duties, where he's learning about the importance of

passenger/customer-service and some of the challenges of booking duties. He's now (not very patiently!) waiting for his 16th birthday, which will permit him to train for level crossing-keeper duties, and beyond that on to Guard trains and other roles that appeal to him as he gains in experience and years. Our aim is to keep the youngsters engaged, interested and motivated to learn about the Railway, so that continue with us to be the drivers, engineers, station staff and all the other roles in the future.

It is thanks to the efforts of just those volunteers over the years that means that this year we celebrate 50 years of running our Santa

Special services. Every year we carry packed trains in the four weekends before Christmas, and the morning of Christmas Eve too, with excited children (and parents!) meeting the great man himself and his band of merry Pixies. There are just a few tickets left, so do look on line if you would like to join us, or call during office hours to check for availability. If you

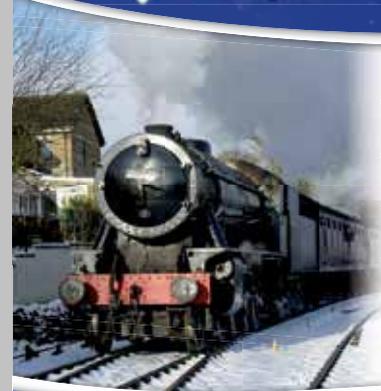
can't join us before Christmas, our popular Mince Pie Specials run from Boxing Day through to the New Year, where you can enjoy the festive feel of the railway (and the on-train real-ale bar) with family and friends. Of course you can always follow in Harvey's footsteps, who still cherishes his Santa Special present from when he was much younger, and join the volunteering team.

Matt Stroh, Keighley & Worth Valley Railway



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Every 3rd Monday (term time) in the month 6pm - 8pm The Keighley & District branch of the National Autistic Society meet at Lavenderfields, Cavendish Street, Keighley Free and all are welcome to join in discussions and listen to visiting speakers.

Skipton Comunity Ladies Choir meet every Thursday evening (term time) in the Baptist Church Hall, Otley Street, Skipton. No scary audition just come and join in. For more info call Glyn 01535 630735 or email greavessusan@sky.com or www.skiptonladieschoir.co.uk.

First Wednesday in each month Breathe Easy Aire Valley at Community Hub, Stone Grove, Steeton. 1.45pm until 3.45pm We are a local support group for people who have breathing problems. We welcome new members to come and enjoy a couple of hours with us. For more info. ring 01535 671259 or 01535 652493

Scott Street Ruggers meet at Keighley Healthy Living on first and third Mondays in every month, 1000-1200hrs. Free admission, tuition and startup kits. All welcome - men, women, beginners, whatever! Make a totally individual rag rug or wall hanging in between tea and chat. More info call Amy Baldwin 01535 669605 amy@oaktex.co.uk

Weds 9th - Sat 12th Dec Snow White at Sutton Village Hall. www.suttongreenhuttheatre.co.uk 01535 632289

Sat 12th Dec 10.30am-12.00noon Christmas Family Fun St Stephen's Church Hall, Steeton Get ready for



COMMUNITY PAGES

Christmas with crafts, games, the Christmas story and refreshments. FREE Tel 01535 654422

Sat 12th & Sun 13th Dec 10am - 4pm Santa's Grotto at Craven Court Skipton £2.50 per child including a gift. Proceeds to Harry's Star (Brain Tumour Research)

Sat 12th, 19th & Sun 13th, 20th Dec 10am - 5pm Santas Grotto & Christmas Gift Wrapping (Sue Ryder Manorlands) at the Airedale Centre Keighley.

Sat 12th & Sun 13th Dec Torchlight Weekend in Haworth.

An annual favourite. Saturday - Santa & Mrs Claus lead the torchlight procession down Main Street. Sunday - Torchlight Procession sees hundreds of torch and lantern bearers wind their way up the Main Street.

Sun 13th Dec. 11 am - 5 pm at 12th, 19th & Sun 13th & 20th Dec Santa Specials at Shipley Glen Tramway Britains Oldest Cable Tramway Established in 1895 presents Santa Specials from 5th till 20th. £5 per child. www.shipleyglentramway.co.uk

Sat 12th, 19th & Sun 13th, 20th Story Time with Father Christmas at East Riddlesden Hall Booking Essential. www.nationaltrust.org.

Sun 13th Dec Skipton Christmas Market Come to Skipton for

Christmas and buy all your gifts from our famous market. At 4pm the day closes with a procession up the High Street to the Holy Trinity Church grounds, where a traditional Christmas carol service takes place to round off a wonderful day.

Fri 18th Dec Glusburn Community and Art Centre at 4:30pm, Christmas is coming! Bring the children to see Father Christmas in his grotto, and then stay with us to watch the festive film - Get Santa! There is a treat from Santa for the young ones, mince pies, and mulled wine. Family event, tickets £4.50, children £3.50 (includes Santa's Grotto, mince pie, mulled wine and film).

Sat 19th Dec 11am - 2pm Silsden Singers Carol Singing at the Airedale Shopping Centre.

Sat 19th & Sun 20th Nativity Weekend in Haworth. The final event of Haworth's Christmas Festival reflects the true spirit of Christmas.



The traditional Christmas story reenacted on the Main Street. Story narrated and carols sung. **Sun 20th Dec St Peters Church, Crosshills 10.30am Carol Service.** All Welcome.

Sun 20th Dec 6pm Glusburn Community and Arts Centre Community Carol Singing, family

event, free entry.

Thurs 24th Dec 4 pm St Peter Church, Cross Hills Christingle Services. All Welcome.

Fri 25th Dec 10.30am Baptist Church Sutton Christmas Service. All Welcome.

Sat 23rd Jan Glusburn Community and Arts Centre at 7:30pm, Resurrection, Indie Disco and Rave. Tickets £8. More info 01535 630223 or www.giacac.org.uk

Mon 25th until Sat 30th Jan Summer End (comedy) at the Keighley Playhouse. Box Office 07599 890769

Sat 30th Jan until Sat 6th Feb Keighley Amateurs proudly present 2016 Fun filled family pantomime Dick Whittington and his Cat. www.keighleypanto.com or call 08456 25 25 50.



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Kitchen Desires

Wouldn't it be fabulous to wave a magic wand and have the kitchen of your dreams? Make 2016 the year of action and create a space that meets your desires!

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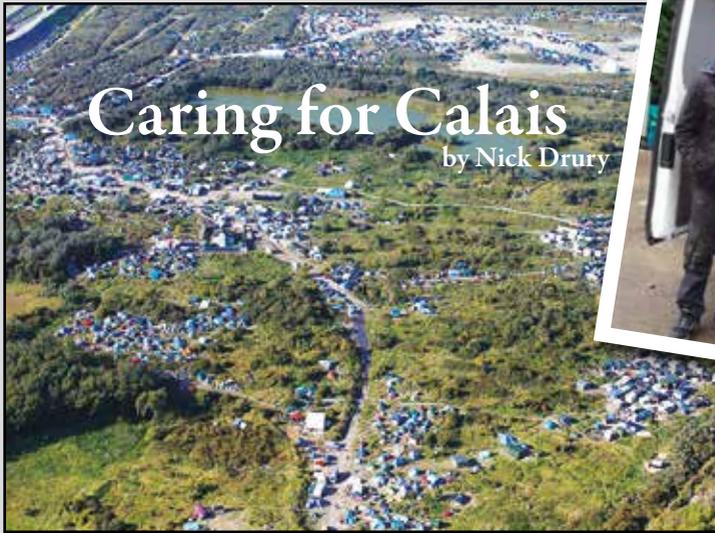
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Caring for Calais

by Nick Drury



(Left to right) Nick Drury joins Martin Kounnas and Luke Ferrey from the charity Fresh Waters in Keighley on a trip to Calais to distribute food and clothing.

I moved up to Haworth a few months ago to start training as a Minister at West Lane Baptist Church. Since then I've been involved in a number of different church and community initiatives, a key one is helping with the refugee crisis in Calais.

It's been amazing to see the response of the people in the Worth Valley. Many have come together to raise money and make donations of food and clothing for the refugees.

Last month I made a journey down to Calais along with Martin and Luke who head up the charity Fresh Waters in Keighley. Martin had access to a van through the charity, and we spent a number of weeks collecting, raising money, and sorting donations of different items including tents and sleeping bags to take to Calais.

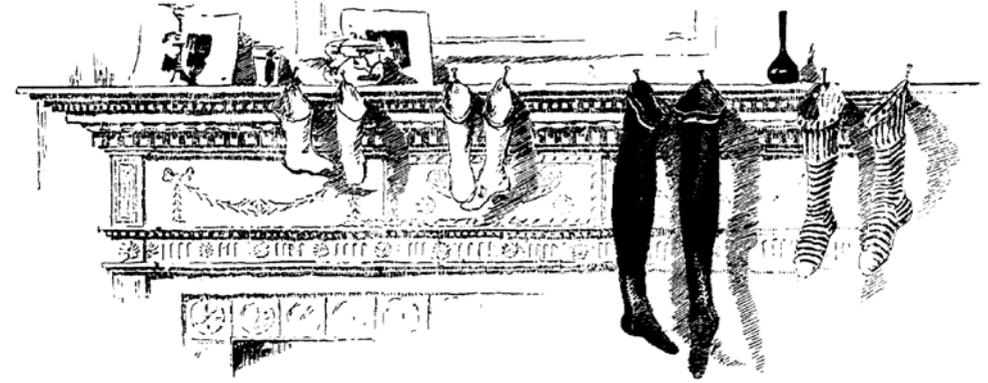
Once we had stocked the van we made the 300 mile journey via the ferry. When we entered the camp it was instantly clear how great a need there is there, as there's approximately 7000 refugees camping in awful conditions. It is mostly young men in the camp from numerous different countries affected by war and poverty, however there was also a large women's section



in the camp, and a number of children too. We linked up with a local charity there called 'L'auberge Des Migrants International' and it was encouraging to see the volunteer work already going on there through the organisation, and people who had committed months of their time to help the refugees. However it was quite easy to feel overwhelmed by the scale of people

living on that wasteland. They estimate around 100 refugees are arriving every week, with no sign of them being allowed into the UK, or being given proper housing in France. None the less it was still encouraging to see the small but instant impact we had by providing the items we brought to the charity, and helping distribute coats to the refugees. It's opened my eyes to the need, and I look forward to exploring what more we as a church and community can do to help our fellow human beings.

A massive thank you to all who contributed in the lead up to the trip. We were overwhelmed by the donations of items – we couldn't fit them all in the van! Martin is considering another trip to Calais and we are also exploring other ways of helping the refugees as some get placed in the Bradford area – so watch this space!



Magic Squares

The sum is 34.

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Worth & Aire Valley Magazines



From the team at Worth & Aire Valley Mags, we wish you and your family a wonderful Christmas, a joyful holiday season, and a Happy & Healthy New Year!



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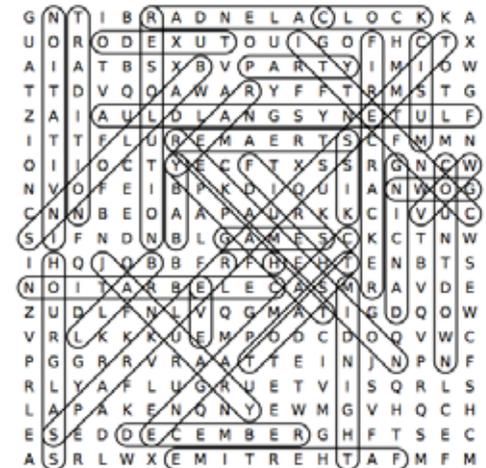
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