

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

July / August 2021

*hello  
summer*

DISTRIBUTED FREE TO HOUSEHOLDS AND BUSINESSES  
IN FELL LANE, EXLEY HEAD, LAYCOCK, KEIGHLEY, UTLEY, LONG LEE,  
RIDDLESDEN, & EAST MORTON

[www.airevalleymag.co.uk](http://www.airevalleymag.co.uk)

# Sugdens

SALES & LETTINGS

New  
Keighley Office  
NOW OPEN!



**£995 + VAT  
ANY HOUSE,  
ANY SIZE!\***

Please call to arrange  
your **FREE** market  
appraisal now.

**01535 843333 • keighley@sugdensesstates.co.uk**  
**4 North Street, Keighley BD21 3SE**

(\*Offer only available from our Keighley office)

**Keybury**  
Fire and Security

*Book your free home security survey*

- Burglar alarms
- Smart systems
- CCTV
- Police monitoring
- Access control
- COVID secure

**01535 661197**

**www.keybury.co.uk**

Hello Summer! We are keeping our fingers and toes crossed for further restrictions being lifted. Aren't we lucky to live in one of the most beautiful parts of Britain; it really isn't a hardship to find interesting things to see and do locally. Visit Bradford has given us a list of ideas of places to visit in the district, from Five Rise Locks in Bingley, to Roberts Park in Saltaire, or the Science and Media Museum in the city centre...and then further a field in North Yorkshire, we can highly recommend Bolton Abbey, the Devonshire Estate, with an amazing line up of outdoor adventure and fun for the whole family to enjoy. We've included another colouring page for you to 'relax' and find a moment of calm. It is surprisingly soothing as an activity and something all ages can do. Thank you for continuing to spend your money locally where possible. Have you been back to the local cafes and restaurants yet, or met a friend for a pint in a local pub? Here's to brighter days! Be well and have a great summer. Liz x



Liz Barker, Editor

**Only £895 for a fully fitted electric door.**  
Gotta get a Garolla.

Garolla garage doors are strong and solidly built. They're made to measure in our own UK factories. The electric Garolla door rolls up vertically taking up only 8 inches inside your garage. Our expert installers will fit your new door and take away the old one so there's no mess.

Give us a call today and we'll come and measure up completely Free.

**GAROLLA**  
ROLLER SHUTTER DOORS  
GOTTA GET A GAROLLA

**NOW ONLY £895** WAS £1284 INC VAT

FREE EXPERT MEASURING & FITTING  
FREE REMOTE CONTROLS  
ACOUSTIC & THERMAL INSULATION  
AVAILABLE IN 21 COLOURS  
FREE DISPOSAL OF YOUR OLD DOOR

Offer valid for openings up to 2.6m wide & inc: 2 remote controls, 55mm white slats, internal manual override.

CALL US TODAY  
**01274 456095**

MOBILE  
**07537 149 128**

**www.garolla.co.uk**

**Bingley Windows & GLASS CO. LTD.** working alongside **Cobbydale Construction Limited**

MASTERS BUILDERS CERTASS

We are local manufacturers and installers of 'A' rated energy efficient windows, doors, bi-folds, conservatories, flushed sash windows, solid conservatory roofs and the latest range of high security composite doors. We work alongside our sister company, Cobbydale Construction, to solve all your building requirements from interior home improvements to full extensions and new builds.

**We will beat any genuine like for like quote by 10%**

Call for a free quote: **01535 958183**

**www.bingleywindowsandglass.co.uk admin@bingleywindowsandglass.co.uk**  
Unit 3E Aireworth Mills, Aireworth Road, Keighley BD21 4DH (Off Marley Roundabout)

# Haworths

*Financial Services*



**Financial Planning Advice • Pensions  
Investments • Mortgages  
Life Cover • Wealth Management**

[www.haworthsfs.co.uk](http://www.haworthsfs.co.uk)

*Please contact our locally based adviser on:  
Tel: 07772 387758 [diane@haworthsfs.co.uk](mailto:diane@haworthsfs.co.uk)*

**Head Office: Tel: 01254 945945**

## ENJOY YOUR CONSERVATORY 365 DAYS A YEAR WITH SAGARS CONSERVATORY INSULATION

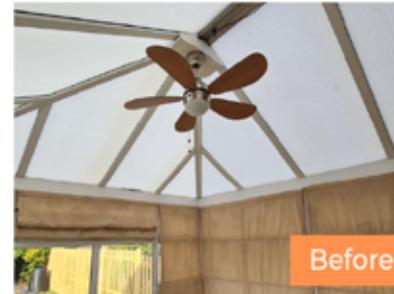
Using the revolutionary 365 insulation system, originally believed to have been inspired by NASA, Sagars 365 can transform your conservatory and make it into a room you can use 365 days a year.

The insulation is built up of complex layers of aluminium foil, finished with tongue and groove insulated UPVC panels to give a maintenance free bright appearance. Reducing heat loss in winter, and keeping the heat out in summer.

VAT is charged at 5% as the insulation comes under the governments energy savings rate.

All work is completed in a day, and it costs less than you would think - prices include fitting, VAT, and a 10 year guarantee. With 25% off for a limited time, the cost of a typical 3x3m conservatory is just £1,699. Don't miss out, call us for a quote today!

*Interest free credit available over 10 months (subject to approval)*



- ✓ Warmer in winter (up to 92% reduction in heat loss)
- ✓ Cooler in the summer, and prevents sun bleaching.
- ✓ Reduces rain noise by up to 90%
- ✓ Saves you money on your energy bills



**CALL US - 01535 603399**  
[info@sagars365.com](mailto:info@sagars365.com) | [sagars365.com](http://sagars365.com)



# Out of work? Want a career change?

We are here to help you find your next job.

- Receive free tailored advice, CV guidance and an action plan
- Free qualifications in Digital, Customer Service, Mental Health, Leadership & Management plus many more
- Gain support for your application & interview process

If you are an employer who is looking to recruit, we can also help you find and train candidates.



Get in touch:

✉ backtowork@shiptley.ac.uk

☎ 07958 060678



# Enjoy a Summer Staycation

Summer is a great time to become a tourist in your own area, and you may be surprised how much there is locally for you to see and do.

Explore free museums, **Bradford Industrial Museum**, **Bolling Hall** and **Cliffe Castle Museum** combine to bring you the story of Bradford from prehistoric times to the present day. Or revisit the fabulous **National Science and Media Museum**, don't miss their new exhibition launching this summer: **Sound Season, Sonic – Adventures in Audio and Boom Experiments in Sound**.

Head outdoors this summer, whether you enjoy a challenging 10 mile hike, or a leisurely canal side stroll, you'll find plenty of options. Combine your walk with a literary pilgrimage to Top Withens, said to be the inspiration for Wuthering Heights, or enjoy spectacular views over Wharfedale from Ilkley Moor. The Leeds Liverpool Canal winds its leisurely way through Airedale, an ideal route to walk or cycle. Watch the



East Riddlesden Hall



Haworth Main Street

barges descend at the Five Rise Locks, one of the wonders of the waterways, or combine with a picnic at Roberts Park in Saltaire. No summer in Bradford would be complete without a culture fix; experience Hockney's art at Salts Mill, home to one of the largest collections of works by David Hockney. Enjoy outdoor theatre productions, both Bradford Cathedral and East Riddlesden Hall are hosting open air Shakespeare events.

Watch out for **Summer Unlocked**, a programme of 24 cultural projects, that will see an exciting and eclectic mix of activity and installations across the District.

Whether you are looking for day trip inspiration, somewhere new to meet friends or to rediscover favourite places VisitBradford is a great place to start. You will find our website **www.visitbradford.com** packed with ideas and inspiration, on social media look out for **#SparklingBradford** where we'll be highlighting summer activities and events.



Five Rise Locks, Bingley



Roberts Park, Saltaire



National Science & Media Museum



## Marsh Top Farm Shop Goat Curry

**ingredients**

- 700g diced Marsh Top Farm Shop goat or mutton
- 1 large onion, roughly chopped
- 10 garlic cloves
- 100g ginger, chopped
- 100ml vegetable oil
- Small handful curry leaves
- 4 tbsp mild curry powder
- Can chopped tomato
- 300ml lamb or beef stock
- Can of kidney or black-eyed beans
- Juice ½ lemon
- Small bunch coriander, chopped
- Serve with boiled rice and/or naan bread

**instructions**

- Place the onion, garlic and ginger in a food processor and blend to a purée. Heat the oil in a large flameproof casserole dish, add the onion mixture and cook for 5 mins until softened. Add the curry leaves, curry powder and 2 tsp salt. Cook for 2-3 mins until fragrant.
- Tip the mutton or goat into the pan. Cook for 5 mins over a medium-high heat until the meat has browned. Add the chopped tomatoes and stock. Increase the heat, bring to the boil and cook for 10 mins. Reduce heat, cover and leave to simmer gently for 2½ hrs - remove the lid for the final 30 mins of cooking.
- Add the beans to heat through. After 5 mins more, remove from the heat. Add the lemon juice and coriander, and stir well. Serve with naan bread and rice.

Goat, mutton and loose vegetables are available on the farm in Oxenhope

To advertise call Karen or Liz on 01535 642227



## Marsh Top Farm Shop

Family Farmers and Butchers

**Visit Us**  
Marsh Lane,  
Oxenhope, BD229RN  
Fri - Sat: 10:00 - 17:00  
Sun: 10:00 - 15:00

**Hot Sandwiches every saturday with picnic area**  
Excluding 4th Saturday of every month  
Paying customers only

We specialise in grass reared beef and home reared pork and goat.  
Locally sourced lamb, mutton and game, traditionally dry cured bacon, handmade sausages, burgers, homemade pies, cooked meats, cheeses, fresh fruit and vegetables.  
We have a large selection of hardy alpines, spring bedding and perennials.

Butchers - Farm Shop - Plants - Local Delivery  
07530 028869  
www.marshstopfarmshop.co.uk



## Keighley Furniture Project

at Springfield Mills, Oakworth Road, Keighley, BD21 1SL

We accept donations of furniture and electrical items (also gas cookers) in good working order.

We pass items on to people on benefits, disabilities & pensions.

**Donate & we will collect.**

Visit our showroom.

**01535 601999**

Email [adminoffice@springfieldproject.co.uk](mailto:adminoffice@springfieldproject.co.uk)

[www.keighleyfurnitureproject.co.uk](http://www.keighleyfurnitureproject.co.uk)

Reg Charity No 1090090

*Pour yourself a cuppa, get your gel pens or pencils out and enjoy a moment of calm while colouring this 'Relax' doodle...*



## Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right?

This month's prize is donated by  
Sonia's Smile Gifts in Haworth  
£10 Voucher

Email your answer including your name &  
address to: [mail@worthvalleymag.co.uk](mailto:mail@worthvalleymag.co.uk)

The winner will be selected from all correct answers  
received by 20th August 2021



Last month's location was The Secret Garden  
Centre, Crosshills. The winner is Michelle Sykes  
from Crosshills.

**MB ROOFING**

Local & Reliable, Over 10 Years Experience  
Full Roof Replacements, Small Roof Repairs,  
Joinery, Soffits, Guttering, Sheds, Fencing &  
Much More  
Warranty Available (Job Dependent)

Call Matthew Now & Get A Fast Free Quote  
Tel: 01535 608986 Mob: 07808 158588

**AIREDALE**  
PROPERTY MAINTENANCE

Feel free to call Mark on  
**07956 615940** if you have  
any property maintenance  
needs you may have, no  
matter how big or small!

**ALL ASPECTS OF PROPERTY  
MAINTENANCE:**

- Electrical • Plumbing
- Joinery • Decorating • Fencing
- Decking (Erecting New, Repairs,  
Cleaning, Repainting)

**Golden**  
Acorn Roofing

Re-Roofs      Leadwork  
Roof Repairs      Pointing  
Fascias & Soffits      Fibre Glass Roofing  
Guttering      Velux

[goldenacornroofing@gmail.com](mailto:goldenacornroofing@gmail.com)  
[www.goldenacornroofing.co.uk](http://www.goldenacornroofing.co.uk)  
Call Chris 07732022482.

**Broomhill Roofing**

Firestone Rubber Membrane Flat Roofing Systems  
20 year Guarantee

New Slate & Tiled Roofs, Roof Repairs,  
Fascia's, Guttering & Velux Windows

Telephone to arrange a free no obligation survey & quote  
Tel: 01535 628821 [www.broomhillroofing.com](http://www.broomhillroofing.com)

**WORTH VALLEY TREES**

07775503195  
worthvalleytrees@gmail.com  
All aspects of tree work undertaken

HOME & GARDEN  
**JE**  
SERVICES

- Power Washing
- Grass & Hedge Cutting
- Garden Tidy
- Flagging & Walling
- Fencing & Decking
- Painting
- Tiling & Grouting,
- Small Plastering jobs

ALL WORK CONSIDERED  
PLEASE PHONE JOHN ON **07739 573836**

**S.A.S LANDSCAPE & GARDENING SERVICES**

Fencing, Flagging, Decking, Turfing, Grass & Hedge Cutting, Weeding & General Tidy-ups.

**07766 564676**  
stevesmith31@tiscali.co.uk

**Greener Gardens**

All hedges, lawns & trees

NO JOB TO BIG OR SMALL

Free quotes  
No obligation  
Very competitive rates

**078 70 60 70 60**



**GET THE DRIVE YOUR HOUSE DESERVES**

Superior Resindrives are a local company specialising in designing and installing top quality resin bound surfaces from a stunning driveway to a beautiful patio area or a simple garden path. **Make your dream driveway become a reality!**

**SALE NOW ON SAVE 10%**

- Exceptional quality & value for money
- Low maintenance
- Quality time served fitters
- Hard wearing
- Slip resistant
- Instant kerb appeal
- Fully suds compliant
- Over 45 colours

**The Resin Drive Specialists**  
**Tel: 01274 317284**  
For more details visit [superiorresindrives.co.uk](http://superiorresindrives.co.uk)

VISA We accept all major credit & debit cards

# Digital Health Hubs in Keighley aim to provide vital support to local community

Two Digital Health Hubs have been set up in Keighley in collaboration with the Modality Partnership, Keighley Healthy Living and Keighley College. Christine Bradley, the community facilitator for digital inclusion and social isolation at Keighley Healthy Living, is the main person responsible for delivering the new Digital Health Hub services.

“As a health and wellbeing charity, we recognise the growing effects of social and digital isolation. We aim to narrow the gap so that people feel confident and comfortable accessing health services in the digital environment. People will be seen by a social prescriber who will listen to their needs and signpost them to what they require – they may need to see a GP or order a repeat prescription or use another service. Those who need help with IT skills will be shown how to use the computers so they can access support,” Christine explained.

**Social prescribing** is a way for local agencies to refer people to a link worker. Link workers give people time, focusing on ‘what matters to me’ and taking a holistic approach to people’s health and wellbeing. They connect people to community groups and statutory services for practical and emotional support. Link workers also support existing community groups to be accessible and sustainable, and help people to start new groups, working collaboratively with all local partners.

The new hubs will be open for drop-in use and/or booked appointments. **Places can be booked by calling 07759 396511.**

A number of talks and useful sessions will take place over the summer. All sessions are between 1 & 3pm, speakers to start at 1:30pm - tea or coffee served throughout - so pop in for a brew and learn something new.

## July & August

**6 & 8 July GP Connect: Health Checks, blood pressure, height and weight and general wellness** - Modality Partnership

**13 & 15 July Digital Health: Downloading the NHS/App for your Covid Passport** - Keighley College/Keighley Healthy Living

**20 & 22 July CV Workshop** - Incommunities Job Club

**3 & 5 August: Feeling lost and Lonely - how we can help you** - Modality Partnership Social Prescriber

**10 & 12 August: Family Hub: Ideas for holiday activities and picnics** - Keighley Healthy Living

The Digital Health Hubs are located:

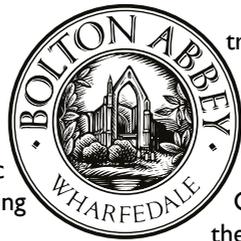
**Highfield Community Association**  
21 Dreary Rd, Keighley BD21 2QG  
Sessions are every Tuesday, between 1pm and 3pm.

**Sue Belcher Community Centre**  
63 Bracken Bank Ave, Keighley BD22 7AE  
Sessions are every Thursday, between 1pm and 3pm.

hello  
Summer



Whether you are after a peaceful wander or a more action-packed day out, Bolton Abbey is the perfect place for all to visit this summer. Get your favourite picnic snacks packed and don those walking boots and head for the Dales! With miles of footpaths to choose from you will certainly find peace and quiet, whether that be in the woodlands, up on the moorland tops or perhaps by the river's edge. Don't forget those camping chairs for enjoying a brew and the view after clocking up some miles! If you're bringing little ones with you and are looking for some more adventure, don't miss the Welly Walk outdoor adventure



trail through the woods, or the Family Cycle Zone – both certain to tire out little legs! We are also pleased to announce our Pirate Ship will be docking outside the Cavendish Pavilion just in time for the summer holidays – all aboard mi

hearties! If the above sounds simply exhausting, we also have plenty of eateries to choose from around the Estate serving delicious homemade food and cakes – if the weather is less favourable, perhaps try hopping between a few! For more information about what's on at Bolton Abbey this summer, visit us at

[www.boltonabbey.com](http://www.boltonabbey.com).   



To advertise call Karen or Liz on 01535 642227



# BOLTON ABBEY



**PIRATE SHIP AND POP UP BEACH**  
Summer holidays



FAMILY CYCLE ZONE 1 MAY - 26 SEPTEMBER



WELLY WALK 22 MAY - 31 OCTOBER



LUNA CINEMA 24 - 26 SEPTEMBER

ENQUIRIES: 01756 718009 | [info@boltonabbey.com](mailto:info@boltonabbey.com) | [boltonabbey.com](http://boltonabbey.com)



## WANTED: COMMUNITY MAGAZINE DELIVERIES

We are looking for committed hardy individuals (no matter the weather!) willing to make monthly deliveries in the Aire Valley. We do our best to find a round close to your home.

- ✓ Earn extra money
- ✓ Get fit
- ✓ Help the community
- ✓ From age 14+

To apply contact Liz:  
[Liz@worthvalleymag.co.uk](mailto:Liz@worthvalleymag.co.uk)  
 include your name, address, & contact details.



**LOCAL Farm Fresh**  
Free-Range Eggs

*Chestnut Acres Farm*  
*Oakworth*

**Duck & Hen Eggs delivered**  
to your door every week  
**Tues or Thurs**

*Call to order today 07756 560 765*

**Dog Boarding also available,**  
please enquire for more details



Don't lose those precious moments!

## VHS to DVD Conversion



Photo slideshows  
Audio tape to CD/MP3  
DVD to MP4

**Tel: 07944 023 597**  
email: [jlorrimer@icloud.com](mailto:jlorrimer@icloud.com)



Norfolk Broads

## Travel in comfort and style with trusted local tour specialists, Steel's of Addingham

### Isle of Wight ~

July 30th to August 5th 2021 (7 day tour)  
Offering a real Continental feel with Great British heritage - we expertly tour the very best sights of the beautiful unspoilt scenery around the wonderful Isle of Wight, during our relaxed stay.

An old favourite of ours – The Trouville Hotel, Sandown beach on the Isle of Wight has replicated the scene of the popular French resorts Trouville/ Deauville to a T, thus making it one of the most sought after locations on the island.

A true summertime tonic!

### Norfolk Broads ~

September 20th – 24th 2021 (5 Day tour)  
Another different area of our magnificent country to explore, the quaint Norfolk Broads are both scenic and indeed very unique, combining waterways, windmills, flat land and coast – again you could be in another country! We have a few hidden gems - tried and tested from years gone by - and our excursion content will reveal our expertise in this area.

Our Gunton Hall residence is a Warners Coastal Spa Resort for added luxury to pamper yourselves too - set within beautiful woodland with lovely gardens and picturesque lake to walk around with views across the North Sea, it is a haven of relaxation.



Isle of Wight

**Steel's**  
*of Addingham*  
Est. Since 1940

STILL FAMILY OWNED & OPERATED.  
TRAVEL SAFELY IN COMFORT AND STYLE  
WITH OUR MODERN FLEET OF COACHES.

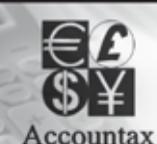




**2021 Tours**

**July 30th to 5th August:** Isle of Wight  
**September:** Norfolk, Mystery Weekend  
**October:** Scottish Autumn Tints  
**November:** Thursford Christmas Spectacular  
**December:** Cumbrian Christmas

Local en-route pickups within 20 miles of Addingham  
**TEL: (01943) 830206 / 830720**  
[www.steelscoaches.co.uk](http://www.steelscoaches.co.uk) [info@steelscoaches.co.uk](mailto:info@steelscoaches.co.uk)



- Self Assessment returns
- Partnership returns
- VAT services
- Monthly Bookkeeping
- CT600 Returns

For an affordable accountant in your area

Call Laura on 07582 669144 or email [laura.alderson@accountax-kly.co.uk](mailto:laura.alderson@accountax-kly.co.uk)

## Ask Andrina

Office Solutions

- Sage 50
- VAT Returns
- Cash Flow
- Bank Reconciliations
- Bookkeeping
- Credit Control
- Office Duties



Tel: 07876 345422 Silsden  
Email: [andrina@askandrina.co.uk](mailto:andrina@askandrina.co.uk)  
Web: [www.askandrina.co.uk](http://www.askandrina.co.uk)  
Twitter: @askandrina

## Office Furniture Outlet

Eagle Mill, Dalton Lane  
Keighley, BD214HT

Andrea Jannetta

Sales & Marketing Manager

01535 681111

[andrea@officefurnitureoutlet.co.uk](mailto:andrea@officefurnitureoutlet.co.uk)  
[www.officefurnitureoutlet.co.uk](http://www.officefurnitureoutlet.co.uk)



TM Security Solutions

CCTV • Intruder Alarms • Access Control

Installation, Service & Repair for Homes & Businesses

01535 328 428

www.TMSS.co.uk

Mention the Worth Valley Mag for a 10% Discount!

Andy Beattie

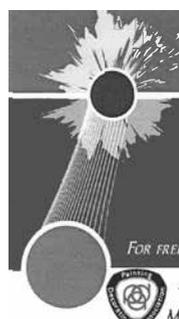
PAINTER & DECORATOR

Quality Interior & Exterior work  
Competitive Rates

Prompt & Efficient Service

01535 681292

m: 07817 132784



## R.P. DECORATING

All Aspects of Decorating  
Interior & Exterior  
Domestic & Commercial  
City & Guilds Qualified  
Over 30 Years Experience

FOR FREE PROFESSIONAL ADVICE AND QUOTATIONS CALL

T: 01535 642 864 M: 07989 560 206

MEMBER OF THE PAINTING & DECORATING ASSN.



## Viking Environmental

Drainage & Plumbing Specialists.

Blocked Drains, Septic tanks, Civil Engineering

**Viking Environmental LTD, Keighley**  
**M: 07407 143 125**  
**E: [info@vikingenvironmental.co.uk](mailto:info@vikingenvironmental.co.uk)**  
**[www.vikingenvironmental.co.uk](http://www.vikingenvironmental.co.uk)**

## Police Approved LOCKSMITHS

Ref 035

- Local 24 Hour Locksmith
- No Call Out charge • 1 Hour Response
- Insurance Approved • All work Guaranteed






- UPVC Specialist • Emergency Door Opening
- Burglary Repairs • All Locks supplied & fitted
- OAP discount • Family Run Business

Call Craig on: 01535 628313 & 07868 786966

www.inhousesecurities.co.uk

# Get the car ready... for a summer of freedom!



For services, MOTs & repairs  
call 07807 836482 or 01535 680020

**CJ MOTORS**  
REPAIRS & MAINTENANCE

**CJMotors** Dalton Mills, Dalton Lane, Keighley, BD21 4JH

## We're family, when family can't be there.

Driving Miss Daisy is a comprehensive Home Companion and Driving Service that enables you to enjoy your life.

Specialising in supporting people at home, assisting with chores or any other household jobs you may require.

Paul and Tahrim Dourandish  
Your local service providers



**We're also there for you when you need...**  
Shopping / weekly errands • Attend hospital or other appointments • Visit family and friends • Days out  
All our vehicles are wheelchair accessible.

**Book your Daisy: 01535 286870**  
www.drivingmissdaisy.co.uk • keighley@drivingmissdaisy.co.uk  
For more information call: 0333 014 6211 **COVID Secure**

**Driving Miss Daisy**  
We're There For You



# STOCKBRIDGE TYRES CO. UK

## MOT £35



We also do:  
Servicing & Repairs • New And Used Tyres  
Locking Wheel Nut Removal • AlloyGators

# 01535 959421



## AG MOTORS, KEIGHLEY

### CAR REPAIRS • MOT • TYRES • SERVICE

- All Car Makes & Volkswagen Specialist
- High level diagnostics skills & software

**TEL: 01535 661406**

**AIR-CON RE-GAS & SERVICE**  
LIMITED TIME OFFER: **ONLY £39.99 (WAS £50)**

Becks Road, Keighley, West Yorkshire BD21 1SD  
hello@agmotorskeighley.co.uk



## SUMMER at the BRONTË PARSONAGE MUSEUM

I'm writing this following three very busy weeks which saw the Parsonage lawn transformed into a war-time kitchen garden and our hallway and stairs given a full 1940s makeover while the Museum was a location for the forthcoming feature film, 'The Railway Children Return.' There was never a dull moment with the cast and crew around and it was a strange sight to see the Parsonage floodlit for night shoots and dozens of people scurrying about. While hard work, it was great fun to be part of and we're sure the film will be a great advert for the Museum and Haworth when it and the new 'Emily' film are released next spring.

Behind the scenes, we've also been working hard on a national campaign to save unique and important manuscripts including a notebook containing 31 poems by Emily Brontë and several 'little books.' The Honresfield Library, as the collection is referred to, only recently came to light after being unheard of for more than 80 years, and all 500 items of it were due to be sold off by auction. Thankfully, by working with colleagues at other literary houses and funding bodies, the auction has been postponed and we are now working on a collective fundraising campaign led by the Friends of the National Libraries to secure the required funds (expected to be around £15m!) to save it for the nation. As restrictions continue to ease, we're really pleased that our staff have returned



to work and there is some semblance of 'normality', whatever that is. Visitors have loved being back at the Museum, and while the restrictions on numbers continue to have an impact on our finances, it is wonderful to be able to share our special building and the collections it houses with people again. If you are visiting, be sure not to miss 'Gondal Arise!', our exhibition of illustrations of the Brontës' imaginary worlds by Isabel Greenberg, or our special installation, 'Contemplating Hope' by artist Layla Khoo.

We're also gearing up for our 10th Brontë Festival of Women's Writing which will run online Thursday 29 July – Sunday 1 August. We're thrilled to present events with LipService, Hollie McNish and Samira Ahmed, and there will also be writing workshops and other opportunities to get creative yourself. Finally, we are really excited to be part of Bradford Council's 'Summer Unlocked' programme. 'Another World', our specially-commissioned interactive installation will be situated in Parson's Field in August and you're all invited to come and explore and play.

You'll find details of all our events at [www.bronte.org.uk/whats-on](http://www.bronte.org.uk/whats-on). Have a great summer, and wherever your travels take you, make sure you take time to visit the jewel on your doorstep – we can't wait to see you.  
Rebecca Yorke ~  
Interim Director, Brontë Parsonage Museum

## July at the Brontë Parsonage Museum



Join us online for our 10th Brontë Festival of Women's Writing!  
29 July – 1 August

Hollie McNish,  
Samira Ahmed,  
LipService & more

Full programme and tickets at [www.bronte.org.uk/whats-on](http://www.bronte.org.uk/whats-on)

PHOTO: PAUL NEWBON

Brontë Parsonage  
MUSEUM

Haworth, Keighley, West Yorkshire BD22 8DR  
01535 642323 [www.bronte.org.uk](http://www.bronte.org.uk)  
Reg Charity: 529952 Reg Company: 73855



**that Slimming World feeling!**

Contact your local Slimming World Consultant and book your place in a warm and friendly group today!

**Oakworth, Haworth, and Keighley**  
call Andrea 07979 505384

**Riddlesden**  
call Barbara 07582 468366

**Silsden**  
call Ann 07935 417214

**BOOKING ESSENTIAL - (Covid-19 restrictions apply)**

[slimmingworld.co.uk](http://slimmingworld.co.uk)

*touching hearts, changing lives*

THE ART OF BEING WELL

**amanda crawshaw**

**Acupuncture & Reflexology**

W: [amandacrawshaw.co.uk/home-keighley/](http://amandacrawshaw.co.uk/home-keighley/)  
T: 07927 042200 E: [info@amandacrawshaw.co.uk](mailto:info@amandacrawshaw.co.uk)

Acupuncture & Complementary Healthcare Clinic  
10-12 Russell Street, Keighley, BD 21 2JP

**Adele's Ironing & Cleaning Services**

**£20 for 35 items**

Telephone:  
**01535- 646653**  
Mobile : 07837 452604

**Free Collection & Delivery**

## Red Dog Pest Control

Moles Wasps Rats Mice Ants ...etc!

Fully qualified & Insured based in Keighley.

7 days a week with 24 hour call outs

07805 371 101

@reddogpestcontrol  
RDPestcontrol@hotmail.com



## Computer Repairs

Local Home or Office PC/Tablet Repairs  
Friendly service with over 20 Years experience

- PCs •Laptops •Macs •Tablets •Mobiles
- TV/DVD/Audio •Broadband •Security
- Responsive Web Design & Hosting

Call Damian or visit [cyberwink.co.uk](http://cyberwink.co.uk)  
01535 654168 | 07946 596429

## Robbie Moore MP



Keighley, Ilkley and the surrounding areas

For help or advice please contact:

Office of Robbie Moore MP

Shan House, 80-86 North Street

Keighley, BD21 3AG

01535 600538

[robbie.moore.mp@parliament.uk](mailto:robbie.moore.mp@parliament.uk)

Surgeries by appointment only

## Secure the future you deserve, today.

Study A levels, T Levels, an apprenticeship or adult course to take you further.



Places are still available this September - apply now at: [keighleycollege.ac.uk](http://keighleycollege.ac.uk)



**IC** Keighley College

A member of Luminate Education Group.

**GO NEAR GO FAR**

## COMPUTER UNIVERSE

No fix, no fee + free diagnosis + advice!

PC / Apple / Laptop servicing and sales.

**Fixed rate competitive pricing.**

Fast friendly service by experienced, local experts.

**Virus removal, upgrades, speed-ups, data recovery + more.**

New and refurbished laptops from £200. Custom PC's tailored for you.

**Game console, iPad, iPod, iPhone etc repairs.**

VHS to DVD conversion, internet cafe + training.

19A Briggate, Silsden, BD20 9JS  
[www.thecomputeruniverse.co.uk](http://www.thecomputeruniverse.co.uk)

01535 958082  
[info@thecomputeruniverse.co.uk](mailto:info@thecomputeruniverse.co.uk)

### RECRUITMENT DRIVE FOR GROWING COLLEGE

*Jobseekers invited to pursue an exciting career – and help shape the workforce of tomorrow – at Keighley College.*

Keighley College is aiming to add to its large and committed team by staging its first ever Staff Careers and Recruitment Day.

The virtual event, featuring a live link to the campus, runs from 12 noon to 7pm on Tuesday 6 July and will be an opportunity for visitors to find out about the range of exciting job opportunities that are available as well as training opportunities for those that want to work in education, training and skills.

The college, one of the area's largest employers, has been growing and is now poised for further expansion thanks to a recently announced £33.6 million Towns

Keighley College Principle Steve Kelly



Fund award for Keighley. Part of that funding will be used to create a new Skills Hub and a centre for manufacturing, engineering and future technology; both of which will be sponsored by Keighley College.

Principal Steve Kelly said: "This is a particularly exciting time for Keighley College, and we are keen to recruit new and committed team members to join us on our journey as we continue to grow."



It's great to see the result of the months of hard work and commitment during the periods of lockdown now that steam trains can run in the Valley after all the uncertainties of the last year. Steam locomotives still need maintaining, as does the Railway's 150+ year old infrastructure, whether or not they are operating, and many of the costs we incur continue despite the period of closure. We remain very grateful for all the support from individual donors as well as to the National Heritage Lottery Fund that has helped keep the Railway on track so that we can continue to keep our bit of history alive.

With the easing of restrictions, we have been able to launch our programme of events for 2021. This includes the return of the popular **Haworth Haddock** fish and chip supper services; dining experiences, **Cream teas and Prosecco tasting** aboard

our sumptuous Pullman carriages; as well **Vintage train weekends** and a **Mixed Traffic steam and heritage diesel gala 10-12th September** and we have the dinosaurs visiting during our **Jurassic Specials 25-29th October**. We are also very pleased to announce the return of the **Beer and Music Festival 14-17th October**.

Finally, can I be the first to wish you a **Merry Christmas!?** I appreciate we've only just passed the longest day and the official start of summer, but we get questions most days asking when we are going to release tickets for the festive period. I can confirm that they will go on sale - assuming no further changes to the restrictions - at the end of July and will be available via the website at <https://kwvr.co.uk/event/elf-express/2021-11-27/>

**Matt Stroh** ~ Keighley & Worth Valley Railway

To advertise call Karen or Liz on 01535 642227

**WORTH VALLEY**

Thursday 14th - Sunday 17th October 2021

Book NOW and save 10% on the advertised price

# BEER & MUSIC FESTIVAL

COME AND JOIN US AS WE TRANSFORM THE RAILWAY INTO A 5-MILE LONG BEER & MUSIC FESTIVAL!

**TICKETS ON SALE NOW!**

**WIDE SELECTION OF BEERS**  
WINE / GIN / CIDER / COCKTAILS

LIVE MUSIC / FOOD / DRINK

**kwvr.co.uk**  
KEIGHLEY & WORTH VALLEY RAILWAY  
01535 645214 admin@kwvr.co.uk

**Beer & Music Festival 2021**

# JURASSIC SPECIALS

25-29 October 2021

5 DAYS OCTOBER HALF TERM

Book NOW and save 10% on the advertised price

**WATCH OUT THE DINOS ARE RETURNING**

**TICKETS ON SALE NOW!**

**WORTH VALLEY**

SEE A GIANT T-REX AND A RAPTOR LIVE REPTILES  
CUTE BABY DINOSAURS ACTIVITY SHEETS DECORATED CARRIAGES

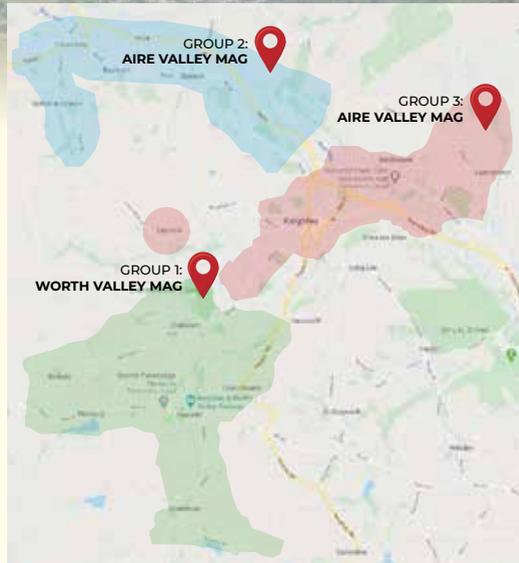
Visit **kwvr.co.uk**

# WORTH & AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

**Supporting local community organisations & businesses in Aire and Worth Valleys since 2006**

3 editions to choose from:



**Worth Valley Mag: Group 1** delivered to Oakworth, Oldfield, Stanbury, Haworth, Lees, Cross Roads, Oxenhope, Leeming, Hainworth

**Aire Valley Mag: Group 2** delivered to Silsden, Steeton, Eastburn, Sutton, Crosshills, Glusburn

**Aire Valley Mag: Group 3** delivered to Riddlesden, East Morton, Long Lee, Fell Lane, Exley Head, Keighley Centre, Utley, Laycock

**We are committed to adhering to Covid-19 safe practices.**

Contact Us:

Office **01535 642227** Email **info@worthvalleymag.co.uk**  
Website **www.airevalleymag.co.uk**



All publications are A5 size, published monthly with 20,000 going to households and businesses in the area.

We have our own distribution company and undergo back checks and audits to ensure the magazines go out on time and through doors.

You can choose to go in one, two or all three editions/Groups.

**SPECIAL OFFER: 3 for 2**

**Go in 2 editions, get third one FREE!**

**Are you a new business?**

Ask us about the extra support we can offer you in your first year.

**Sound up! Interested in extending your reach via community radio?**

We have helpful links with Drystone Radio and can create a comprehensive package.

## R. KERRY WINDOW CLEANING

- PVC cleaning - fascias, soffits, outer gutters
- Gutter clearing
- Conservatory roof cleaning
- Solar panel cleaning
- Jet washing - patios, decking, block paving, concrete drives & pathways
- DBS checked & fully insured
- Professional friendly service

Using advanced water fed telescopic poles with pure water technology  
Tel: 01535 531626  
Mob: 07709 966443  
email: rkerrywindowcleaning@gmail.com

## Office in Cross Roads for let

Newly created 32m2 office suitable for 3,4 people in centre of village. 1 year lease but longer if required. Could be suitable for other purposes subject to necessary permissions.

Further details from:  
**crossroadsoffices@gmail.com**



### AA ELECTRICAL

- Friendly Helpful Service
- No Job Too Small or Too Large
- 20% Discount For OAP
- Competitive Prices
- Free Quotes
- All Work Guaranteed

Tel: **01535 657429**  
Mob: **07866 458844**

CALL NOW FOR A FREE ELECTRIC CHECK

**Need an Electrician?**

**Jonathan Scott**

**07732174201**

**JS Electrical**



**Oakworth**

**js.electrical@outlook.com**

## Digi-Man Aerials

Digital Aerials & Satellites

Fully Qualified Installer of

**Freeview** **freesat**

**OAP DISCOUNT**

**ALL WORK GUARANTEED**

**LOCAL MAN**

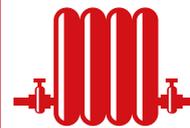
ALL satellite & aerial problems solved!

For a **FREE Quote & Advice**  
Call Digi-Man Aerials

**Mention this magazine & Get 10% Off**

Friendly Professional service

Freephone: 0800 0377011  
**call now 01535 646141**



## NICHOLSON

Plumbing,  
Gas Central Heating  
& Repairs

Call Rye Bailey  
01535 523747 or  
07392 616 290



## G&M SERVICES

**No job too small**

FOR ALL ELECTRICAL SERVICES  
DOMESTIC & COMMERCIAL

**SPECIALISTS IN**  
**CCTV SECURITY**  
GUARANTEED FOR 3 YEARS

Grahame: **07887 790442**  
Mark: **07429 354247**

# It's a balancing act

by David Hanson ~ Haworth Physio



Our balance is something many of us take for granted, but everyone can benefit from improving it. Balance training exercises strengthen core muscles and improve stability. It can help anyone at any age. Athletes find it can make them more powerful and agile - seniors can use it to prevent falls and to maintain their independence.

Falling as we get older is quite common, and although most falls don't cause serious injury they can leave the affected person feeling quite distressed and vulnerable. Falls can be caused by dehydration, poor circulation, medical conditions such as stroke and Parkinson's disease, heart conditions and by the taking of certain prescription medication that may affect your blood pressure.

If you feel that yourself, a friend or a family member is struggling with their balance

then there are steps that can be taken to reduce the risk of falling, and importantly to reduce the risk of serious injuries as a result of a fall. A 2013 study published in the peer-reviewed British Medical Journal found that balance exercise programs reduced falls that cause injuries by 37%, serious injuries by 43%, and broken bones by 61%.

Here are 6 things you can do to stay on your feet

## 1. Stay physically active

Plan an exercise program that is right for you. Keep strong and mobile by walking or jogging, swimming, climbing stairs, doing Yoga or Tai Chi and performing body weight exercises such as squats and lunges. The NHS website provides excellent advice on balance exercises as well as exercise in general.

## 2. Have your eyes and ears tested

Even small changes to your eyesight can lead to a fall. Wear your glasses or contact lenses when you need them. Earwax build up can lead to vertigo which will affect your balance.

## 3. Find out about the side effects of your medication

Certain drugs can make you drowsy or can cause dizziness. Check with your GP or pharmacist if you think your medication is affecting your balance.

## 4. Limit your alcohol intake

Even a small amount of alcohol can affect your balance, coordination and reflexes.

## 5. Stand up slowly

Getting up too quickly can cause a sudden drop in your blood pressure. This can make you wobbly. Get your blood pressure checked when lying and standing if you think this is a problem that affects you.

## 6. Use a walking aid if you feel unsteady

The use of a stick, cane or a walker can prevent falls and gives you additional stability.

Stay active, stay healthy and stay safely on your feet!

To advertise call Karen or Liz on 01535 642227

WORTH VALLEY

TICKETS ON SALE Friday 30th July 2021

The ELF Express

ELF EXPRESS 78022

Weekends 27th November - 19th December then daily to Christmas Eve

Visit [kwvr.co.uk](http://kwvr.co.uk)

# BUSINESS DIRECTORY Local Services

## Accountancy/

### Business Services

Accountax p17

Ask Andrina p17

### Acupuncture & Reflexology

Amanada Crawshaw p21

### Aerials/Audio/TV

Digi Man p27

### Attractions/Community/Courses/Events

Bolton Abbey p14/15

Bronte Parsonage p20/21

Keighley Furniture Project p17

KWVR p24,25 & 29

Robbie Moore MP p22

Visit Bradford p7

### Building Services/Repairs

Airedale Property Maintenance p11

MB Roofing p11

Golden Acorn Roofing p11

Superior Resin Drives p12

Yorkshire Loft Ladders p31

### Care/Cleaning /

#### Domestic

Adele's Ironing p21

Driving Miss Daisy p19

R Kelly Window Cleaning p27

#### Cars

AG Motors p19

CJ Motors p18

Stockbridge Tyres p18

#### College

Keighley College p23

ShIPLEY College p6

## Companion Driving

### Service

Driving Miss Daisy p19

### Computer/Web Related

Computer Repairs p22

Computer Universe p22

DVD Conversion p15

### Conservatories

Sagars365 p5

### Drainage Specialists

Viking Environmental p17

### Electrician

G & M p27

JS Electrical p27

AA Electrical p27

### Finance

Haworths p4

### Fire & Security

G & M p27

Keybury p3

### Fuel /Heating

Nicholson Heating p27

### Garage Doors

Garolla p2

### Gardening/Trees

Greener Gardens p12

JE Homes & Garden p12

SAS Landscape & Gardening p12

Worth Valley Trees p12

### Holidays

Steels p16

### Kitchens

Queensbury Kitchens p32

## Locksmiths

In House Securities p17

### Loft Conversions

Yorkshire Loft Ladders p31

### Painting & Decorating

Andy Beattie p17

RP Decorating p17

### Pest Control

Red Dog p22

### Plumbing

Nicholson Heating p26

### Property Related

Sugdons p2

### Retail

Marsh Top Farm p8/9

Office Furniture Outlet p17

Queensbury Kitchens, Bedrooms & Bathrooms p32

### Roofing

Broomhill Roofing p11

Golden Acorn p11

MB Roofing p11

### Slimming

SlimmingWorld p21

### Wills

In Home Wills p32

Bingley Windows p3

Here's a great way to make more storage space...

Install a loft ladder and make more use of your loft!

Loft ladder, Light & Switch plus 50 sqft of flooring from as little as £277 +VAT which includes FREE fitting in less than a day.

Our customers choose us to fit their loft ladders, because we offer:

- A FREE home visit
- Fully guaranteed
- A FREE written quotation
- A large selection of ladders

Call now! Freephone 0800 612 8359  
www.yorkshireloftladders.co.uk



YORKSHIRE  
LOFT LADDERS

## Yorkshire Loft Ladders, Quality You Can Trust

These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Yorkshire Loft Ladders come in. The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder, 50 sq ft of boarding and a light all fully fitted in less than a day from just £277 + VAT. But it's not just the affordability of the package the company offers that makes Yorkshire Loft Ladders stand out as manager Mark Hodson explains: 'Our watchwords are Quality, Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers are assured of the best job. Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge

amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!

So, if you want to make use of your loft space, however big or small, call Warren on 0800 612 8359 and he'll be happy to pop round and give you a no obligation quote so you too can make use of your loft.



Would you like to advertise your products or services in this magazine? Contact Jo or Liz: 01535 642227 mail@worthvalleymag.co.uk



Last Will and Testament

COVID  
COMPLIANT



# Tailored to your needs

In the comfort of your home

When you choose In Home Wills for your last will and testament, you can be assured that you are in safe hands. We are a leading will and estate planning company in West Yorkshire

and offer reliable will writing services at great prices. From assistance understanding the laws surrounding inheritance tax to drafting a last will and testament, count on us to help.

**Comprehensive range of services include:**  
Will writing • Power of attorney • Funeral planning  
Trusts • Friendly & hassle-free help



Freephone **0800 999 1358**  
Email [info@inhomewills.co.uk](mailto:info@inhomewills.co.uk)  
[www.inhomewills.co.uk](http://www.inhomewills.co.uk)



In home wills



Complimentary  
design  
consultation

## QUALITY KITCHENS, BEDROOMS AND BATHROOMS

We will beat any  
genuine quote



Fully fitted or  
supply only

Queensbury Kitchens

Trading since 1992

18A Black Dyke Mills, Brighouse Rd, Queensbury, BD13 1QA • 01274 882349 • [info@queensburykitchens.com](mailto:info@queensburykitchens.com)