

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

October 2018

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Autumn naturally brings introspection, a turning inward, a certain contraction. We fold away the garden furniture, dig up the vegetable patch, plant bulbs, stack logs, fill the coal bin, inspect the drains. There is a comforting rhythm in the tasks that come with the season. The other thing I do is make a list of all the jobs that need doing and I get them done: Chimney swept, car serviced, trees trimmed, spare bedroom painted, external lights repaired, new aerial fitted. I like using trusted local people, most of whom I find in the pages of Aire Valley Mag. What's on your to do list this season? In the magazine you'll find a host of handy tradespeople and services all locally based. Why not give them a call and start ticking off those items on your list! Have the best October ever,



Liz

Editor Liz Barker



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Say you saw it in the Aire Valley Mag!



Photo by John Sargent

Explore Wood, river & canal

by Antony Silson

There are the Dales for Spring and Summer, and the Pennines for Autumn and Winter. As the nights close in around us and we reflect on what has been quite a remarkable summer, a whole new pattern to life begins. It is around now that the walks we plan for ourselves, and Molly and George our two greedy Labradors, begin to change from hillsides and moors to woods, riverbanks and canal sides.

How lucky we are that within a short journey (whether by bus, train or car) we can be kicking up the leaves in any number of local woods or parks amidst colours to take your breath away? Where you can incorporate a walk through the gently descending leaves with a refreshing stop for a coffee or a pint.

One of life's greatest pleasures is seeing the natural world in all its electrifying glory. Remember when it was so satisfying as a child to pick up conkers, throw piles of leaves at each other and just stop and marvel at how something could change colour so much. Sometimes I feel that as

adults we are too busy complaining about the dark nights and the rain to take stock and just look around us at the beautiful things that surround us.

The Leeds Liverpool Canal is a fine example of somewhere accessible that gives you time to breath and to stop and look. We have often been there when the ice has lain thick across the water and the frost has been hanging like ribbons from the branches of the trees. I have walked as far as the 5 Rise locks at Bingley, enjoyed a coffee and a piece of cake at the café and then turned around and walked back.

Apparently, as I have said hundreds of times to my children, the Aire Valley is possibly one of the very few valleys to boast a rail, road, river and canal system! It may not be strictly true, but I do like the idea. It harkens back to a time of hope, dignity and the heavy wheels of industry making something you could see. So, grab your waterproof coat, call for the dogs and get out there.



Antony Silson loves walking with his two dogs, has a vast music collection, watches a lot of films, enjoys cheese and lives in Keighley. His show airs on Drystone Radio Sundays 5-7pm

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Best fluffy pancakes



With summer sadly now a distant memory and the kids all back at school, I have been making the most of the darker mornings by trying out some new breakfast recipes.

I'm not sure if it's just me but I'm sometimes left scratching my head when it comes to breakfasts that don't leave the kids slightly wired on sugar just in time for school. Don't get me wrong, ours love cereal and some mornings it is literally all we have the time or energy for, but while I'm feeling semi-refreshed from summer I'm road-testing some other options.

These are quick to make, fluffy as you like, dairy and egg free, low in sugar, and kid approved. We had ours with blueberries, strawberries and bananas - which you can either add when cooking or serve on the side. You can also make them refined-sugar free by subbing the sugar for maple or agave syrup.

Ingredients

- 1 cup or 125g of flour
- 1 tbsp baking powder
- 2 tbsp sugar
- ½ tsp salt



'Buttermilk'

- 1 cup of non-dairy milk (we used oat)
- 1 tbsp apple cider vinegar (sounds weird, huh, but you won't taste it!)
- 1 tsp of vanilla extract

Method

Mix the dry ingredients together in a bowl. In a separate bowl, mix the wet ingredients (the buttermilk) and allow it to stand for 5 minutes. After 5 mins, add the wet ingredients to the dry ones and mix until combined.

Add a puddle of the mixture to a medium-heat frying pan, with a very thin coating of oil, and cook for around 1 minute or until bubbles appear. Flip then cook for a further 30 seconds to 1 minute, or until nicely browned. If you want to include any toppings while cooking, add them before you flip and they will caramelise slightly.

Tip: Don't Over Mix

Over-mixing pancake batter makes them heavy and flat, not fluffy. To prevent this, mix dry and wet ingredients separately at first then combine just before cooking.

Share your pancake pictures on Instagram with @amy_firth78 to be in with a chance of winning a vegan baking starter pack.



Yorkshire born and bred, Amy Firth lives in the Worth Valley with her partner, 3 kids, Murphy the dog and several rescue hens. A life-long advocate for fairer food and farming,

Amy is always in search of great veggie and vegan recipes which she shares on her Instagram page: @amy_firth78

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Sudoku

7	9				4	6		
8			6	4				
6					2			
		3		7				
9								2
			8		5			
		8						7
		2	1					5
	7	5				3	9	

		9	3					1
3		7	9	2				
2						7		
		4				2	7	
			6	4				
	8	6				5		
		1						2
				8	3	6		7
4			7	9				

1		2			4		6	9
8		4	5		1			
	5						4	8
4			1	8		3		
	1		7	6				2
7	3						2	
		9			1	3		6
6	4		3		7			1

	6		7					3
7	8		2					6
				5	1			
9	2			6		4		
		5	8		2	9		
		6		4			1	2
			4	1				
1						8		4
	4				6		8	

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9. See page 22 for answers.

To advertise call Karen or Liz on 01535 642227

Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right? ?

This month's prize is generously donated by **Keighley & Worth Valley Railway**

Two Adult Day Rover passes

Email your answer including your name & address to: **mail@worthvalleymag.co.uk**

The winner will be selected from all correct answers received by 20th Oct 2018.



Last month's location was Cafe Choux Choux, Keighley
The winner was Samantha Upton, Glusburn
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The Keighley & Worth Valley Railway

As we've only just finished reeling from the heatwave, we are very aware that festive excitement is building. Since we opened booking in July, we have sold over 50% of the seats for our Santa Specials, so please do book soon if you want to avoid disappointment on a particular date.

We have the ever-popular Beer and Music Festival 18th - 21st October and plenty going on as we continue to run steam trains every weekend.

One of the most remarkable annual events on the Railway is one that most passengers never see. It's what we call "Civil Week", when the Railway is closed for operations and our civil maintenance volunteers take a week off work to undertake vital infrastructure renewals across the Railway. This year they have relaid track at Oakworth improved the drainage in the area; replaced the turnout at the Oxenhope end of the line; and continue to work to raise the height of the end of Haworth Platform, which is a legacy we inherited from British Railways. The steam crane was working at Oxenhope, and teams of volunteers at all three locations during the week as well as before and since to prepare and

finish off the work. The last train passes on the Sunday evening, and the track will be lifted, and it's all back in place for the following Saturday morning when the first train leaves Oxenhope. It's an amazing achievement, requiring technical skill, meticulous planning and great teamwork, commitment and enthusiasm, especially when we get the "finest" weather than the Valley can offer. The team had to work under the heat of clear, blue skies and then deal with days of downpour, all within a very productive and important Civil Week.

I'm sure you will join me in thanking all my fellow volunteers for their efforts, and I would encourage you to consider whether you can join our volunteering team.

In the meantime, we will go back to celebrating our 50th year of operation, and having awarded nearly 50 fifty year volunteering awards to our longest-standing members, we are in the process of awarding dozens of 10, 20, 30 and 40 years of loyal service to the Railway to keep those increasingly elderly wheels turning.

Matt Stroh, Chairman KWVR
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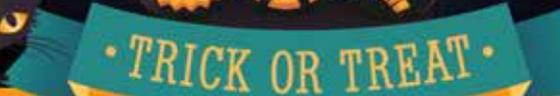
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SMITHY'S TECH TIPS

By Liam Smith

Sorry, I didn't quite catch that?

As many of you who've bought a TV in the last few years will have noticed, your TV doesn't sound as great as your previous one. You may be asking yourself if it's a by-product of age, or if it really is the TV, well rest assured we're going to clear that up. The short of it is no, you're not imagining things, TVs have gotten progressively worse and here's why.

The trends that televisions have followed over the years have one key factor in mind, smaller bezels. Reducing the thickness of these bezels results in a much more immersive picture with a reduced real estate to distract you from the content, but there is a catch, and you've already guessed it, the sound has taken a hit.

Since TVs have become thinner, there is less space to fit adequate speaker drivers, the smaller these drivers are, the weaker they become, resulting in a lack of bass and a loss of dialogue. Not only that, but the placement of these speakers involves the sound being directed away from you, as most modern TVs tend to have speakers firing down or against the wall to 'redirect'



the sound, which only serves to muffle it further.

So we've established that there is a problem, but what's the solution? A term you might've heard being mentioned more and more is a 'soundbar', without going too much into the technical side of things, the purpose of this product is to provide a much wider soundstage by comparison to your TV. Only two cables are required

to install it, one from the soundbar to the TV and the other would be to power it. Like anything, they vary in price relative to quality, but even a cheap

soundbar would greatly enhance the sound by comparison. Certain soundbars will focus on specific factors for enhancing sound, so choosing the right one whether it's to compensate for a lack of bass or to improve the dialogue is of paramount importance.

If you're in the position where you've purchased a new TV, or even an existing one that doesn't quite cut it anymore, it's reassuring to know that there is a solution out there, and should you require any information regarding them please contact Pennine Plus on 01535-600700 or via email sales@pennineplus.com

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7	9	1	3	5	2	4	6	8
8	5	2	6	1	4	7	9	3
6	3	4	7	8	9	2	5	1
5	4	3	1	2	7	9	8	6
9	8	7	5	4	6	3	1	2
1	2	6	8	9	3	5	7	4
4	1	8	9	3	5	6	2	7
3	6	9	2	7	1	8	4	5
2	7	5	4	6	8	1	3	9

6	5	9	8	3	7	4	2	1
3	4	7	9	2	1	8	6	5
2	1	8	5	4	6	7	9	3
5	9	4	3	1	8	2	7	6
7	3	2	6	5	4	1	8	9
1	8	6	7	9	2	5	3	4
8	7	1	4	6	9	3	5	2
9	2	5	1	8	3	6	4	7
4	6	3	2	7	5	9	1	8

1	7	2	8	3	4	5	6	9
8	9	4	5	6	2	1	7	3
3	5	6	9	1	7	2	4	8
4	2	7	1	9	8	6	3	5
9	6	8	2	5	3	4	1	7
5	1	3	7	4	6	8	9	2
7	3	1	6	8	5	9	2	4
2	8	9	4	7	1	3	5	6
6	4	5	3	2	9	7	8	1

5	6	1	7	8	9	2	3	4
7	8	9	2	3	4	1	5	6
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9	2	3	1	6	5	4	7	8
4	1	5	8	7	2	9	6	3
8	7	6	9	4	3	5	1	2
6	9	8	4	1	7	3	2	5
1	5	7	3	2	8	6	4	9
3	4	2	5	9	6	7	8	1

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Keighley & District Photographic Association meet on the 1st & 3rd Tuesday of the month at 7.30pm to 9.30pm **at Riddlesden United Reformed Church, Riddlesden.** Visit www.kdpa.co.uk for programme of events.

Keighley Model Railway Club, Knowle Mills, South Street, Keighley, BD21 1SY Meeting every Tuesday and Thursday Evenings from 7.00pm until 10.30 Thursday afternoons, 12.45pm until 4.30pm & Saturday afternoons 1.00pm until 5.00pm Everyone is welcome, but children over the age of 10 must be accompanied by an adult. There is a direct lift access to the clubroom. Know someone who is lonely or isolated? **Keighley Healthy Living** have a weekly drop-in every **Thursday 9.30am - 12pm at 13 Scott Street, Keighley.** Call for a cuppa and play some board games. More info call 01535 677177.

Aire Valley Railway Modeller's Club, Melbourne House, Dalton Lane, Keighley, BD21 4LG. Meeting every Monday, Tuesday & Thursday night from 7.00 pm until 11.00 pm and Saturday afternoon from 1.00 pm until 5.00 pm, juniors over the age of 8 years old and accompanied by an adult, are welcome. Entry and exit by stairway only.

Keighley LGBT support group meet every 3rd Saturday of each month. **12 -2pm at Keighley Healthy Living Centre, Scott Street, Keighley** (behind the Library).

Keighley Library Knit & Knatter group meet every Wednesday **1pm-3pm.** Beginners and experts alike, refreshments 50p.



Hainworth Knitters meet Wednesday's at 1.30pm - 3pm at **Hainworth Wood Community Centre. Keighley Can Sing 2 - 3.30pm on second Sunday of each month (Term time only) at Central Hall, Alice Street, Keighley BD21 3JD** A friendly singing group open for everyone - from those who believe they can't sing to those who think they can! We sing songs from around the world, all taught by call and response, so there is no need to be able to read music or have any previous singing experience **Morton WI meet every second Tuesday** evening each month Join us for a social evening with refreshments at the Institute in East Morton from 7.20 pm, £4 for non members. Programme at www.mortonwi.org.uk.

Every Tuesday & Thursday 10 am - 2pm Welcome Place Cafe at Shared Church Hall, Market Street, Keighley. Good food available to all. Eat Free or pay what you can. Friendship, support & information. Locally grown and donated produce cooked fresh. www.welcomeproject.org.uk.

Little Rascals Baby & Toddler Group meet every Thursday **10am - 11.30am at Trinity Church**, Fell Lane Keighley.

Morton Meet 2-4pm every Thursday Come and join us for a coffee & homemade cakes in **Morton Institute** on the side of the park. A great area for children & a playground.

Bronte Parsonage Museum - Late night Thursday's after 5.30pm for residents of BD20, BD21 & BD22 (please bring address proof of residence).

Every Wednesday 10.30am Rest a while drop in Coffee Morning at **Exley Head Methodist Church, Keighley.** First & third Wednesday of a month **10.30am Coffee Morning & Book Swap** at **Laycock Village Hall.** Entry.

July to Sun 18th Nov Keighley War at **Cliffe Castle, Keighley.** Photos and medals to paintings and toys, this new exhibition takes visitors on a journey.

Sun 14th Oct 10 am - 4.30pm Keighley Model Railway Club 7mm Festival at Club Room, Knowle Mill, South Street, Keighley.

Tues 16th - Sat 20th Oct Keighley Musical Theatre presents Hairspray The Broadway Musical at Victoria Hall, Keighley.

Thurs 18th - Sun 21st Oct Keighley & Worth Valley Railway Beer & Music Festival. Beer & Music festival will be returning, tickling the real ale drinkers' taste buds with over 150 ales from all over the country to choose from. Cider and wine drinkers will also be able to have their thirst quenched with a wonderful selection of fine wines and ciders. Add in Music in the main Exhibition Hall and in the marquee at Ingrow West and the stage is set for another excellent festival.

Fri 19th Oct 7pm - 9.30pm East

Morton Community Shop Volunteer Evening at East Morton Institute. Sun 21st Oct Train rides for all the family. Miniature trains running at **Marley sports field approx. 13:30 until 17:00.** Steam and electric trains providing trips for all ages. Details at www.kdmes.org.uk

Mon 22nd until Sat 27th Oct 84 Charing Cross Road at Keighley Playhouse. This delightful play is a dramatisation of letters between Helene Hanff, a struggling New York writer and Frank Doel, manager of Marks & Co., an antiquarian bookshop in London, and the friendship that builds over a 20 year period between 1949 and 1969, during which time Helene shows her gratitude by sending "care packages" to the staff.

Sat 27th Oct 10am - 4pm Creepy Keighley FREE Halloween Themed Street Entertainment, face painting, Balloon Modelling & more! Inside the Airedale Shopping Centre will be the 'Bushtucker Café', 'Bruce Airhead' will be entertaining the crowds with his giant balloon escape, gather round 'Madame Zucchini' for her Halloween themed vegetable model making, and keep your eyes peeled for a giant walking Frankenstein. Gear up for 'Granny Turismo'! Shopping trolley riding granny's who'll be speeding around the shopping centre.

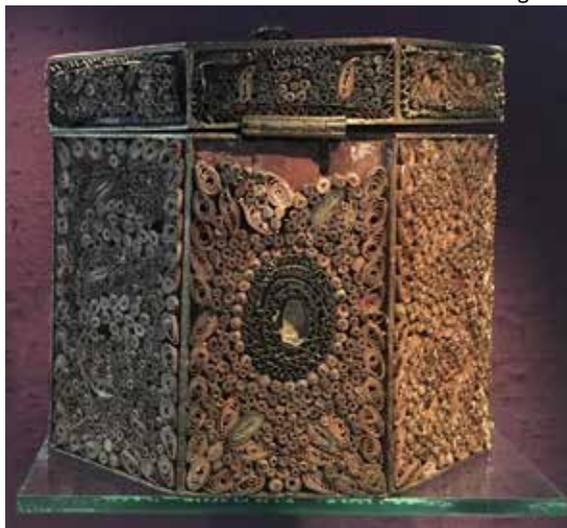
Sat 27th - Sun 28th Oct Haworthen at Main Street, Haworth. If you are scared of things that go bump in the night, don't go to Haworth this Halloween. To mark the Halloween weekend, wear your scariest costumes and join the parades up Main Street. **Sun 28th Oct 12 - 7pm Keighley Bus Museum Trust Depot Open Day** at Riverside off Dalton Lane.

Brontë Parsonage Museum at 90

A History of the Museum in 10 Objects

8 Tea Caddy Charlotte Brontë 1840s - 1850s

It may appear to be a simple wooden box for containing tea but there's more to this interesting relic than meets the eye, not only as one of Charlotte's more unusual creations but because of the technique used in its decoration. A personal item gifted by Charlotte Brontë to her close friend Ellen Nussey, each panel is filled with a considerable



amount of carefully rolled up strips of paper, a technique called quilling. Quilling was one of many crafting activities done by the Brontë sisters, who also occupied themselves with drawing, sewing, knitting, embroidery and quilt-making.

Quilling originated from the 13th century and attempted to replicate lacelike filigree work, an ancient technique of soldering twisted or coiled threads of precious metal. By rolling up thin strips of paper in various ways, a similar effect was achieved

whilst being considerably more affordable. Initially this technique was used only by monks and nuns, but quilling became a popular hobby in the 18th century. Before dying out about a hundred years later. However, it has enjoyed a bit of a revival in art and card-making over the last couple of decades.

Sadly, the various rolls or coils of paper used in quilling collect dust which cannot be easily be removed and so, unfortunately, time takes its toll. This has led to the loss of this example's brilliant colours of green, red and gold. Nevertheless

you can still make out the intricate floral patterns that were achieved.

David Sweeting *Museum Assistant*

Sources:

Sixty Treasures by Juliet Barker
Thrilling Quilling: The Ultimate Quiller's Sourcebook by Elizabeth Moad
New Concepts in Paper Quilling: Techniques for Cards and Gifts by Marie Browning



October at the Brontë Parsonage Museum

MONDAY 22 – FRIDAY 26 OCTOBER
 Join us for our half-term family activities

THURSDAY 25 OCTOBER – open until 8pm

Spooky storytelling and launch of *The Outsider*



Free admission for local residents after 5.30pm.

FRIDAY 26 OCTOBER 7.30pm

Parsonage Unwrapped Tales from the Collection



Our curatorial team share some of their favourite stories and discoveries.

For full details of these and other events, please visit www.bronte.org.uk/whats-on

Brontë Parsonage
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are assured of the best job. Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!

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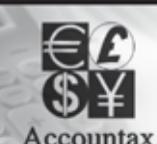
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