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Welcome to the summer edition of the Worth Valley Mag.

This magazine has been published continuously for 18 years and in that time has supported thousands of local businesses, tradespeople, sole proprietors, charities, churches, non-profit organisations, festivals, events and scores of individual endeavours. We gladly record the toing and froing of this vibrant and unique community. Our format is rather 'old school' and many readers tell us they appreciate our printed publication as a trusted offline source, like a local word of mouth channel for suppliers, happenings and information.

Thank you for using the businesses and service providers in this directory, and for supporting the organisations and indivduals raising money for local charities. By spending your money locally you are contributing to the wellbing of the local economy.

Local, Local, and more Local...we can't say it enough; you get the point:) Have a fabulous summer and enjoy all that the Worth Valley has to offer.









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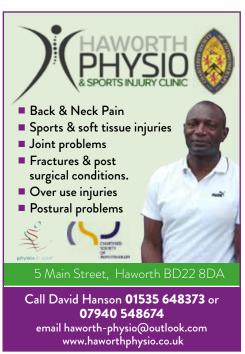




















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Our Keighley
Denture Expert is
Matthew Varley
(Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few tears as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anymore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!

Would you like to be more confident? Do you suffer from denture discomfort? Loose or ill-fitting dentures? Afraid to smile?







With our clinical denture expert Matthew Varley, who has restored thousands of smiles - you're sure to feel more confident and be you again.

From Frustration to Clarity

One of our lovely transformation cases. Patient LS struggled for years. Aesthetics were compromised along with facial support looking very strained. With our Diamond range of dentures, aesthetics were restored with full facial support in the correct position.

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Sue Ryder, Manorlands needs no introduction for most locals, nor does the incredible work they do supporting people and families in times of need. This cause sits close to our hearts, and years ago, we found ourselves becoming the front and back ends of the Sue Ryder, Manorlands Panto-Pony. You may have seen Panto-Pony at local events like the Mascot Gold Cup at Wetherby, Oxenhope Straw Race, Oakworth Gala, various fell races, Park Runs, and, most recently, training for our latest challenge.

Our adventures often start with "I wonder if Panto Pony can...?" and our latest challenge, "Pier-2-Pier by Panto Pony," was born from this spirit. We will cycle from Blackpool to Scarborough, covering 167 miles in two days on a tandem bike, dressed as Panto-Pony. Despite having no experience with tandems, we found the perfect one on Facebook Marketplace. Our first ride was wobbly, but we quickly discovered that Panto-Pony could indeed ride a tandem. The smiles and double-takes from passers-by confirmed that this Pony would pedal across the country.

Starting on July 20th, we'll begin our 167-mile journey with our hooves in the Irish Sea at Blackpool. Our route takes us through Lancashire and into Yorkshire, with a long climb over 'the Herders' and down into the Worth Valley. We'll end the first day at Sue Ryder,

Manorlands in Oxenhope with a photo call for our supporters and sponsors.

Day two, July 21st, covers over 100 miles on Yorkshire's hilly roads. We'll start from Sue Ryder, Manorlands, travel through Keighley, Bingley, Shipley, and Leeds, then continue through Tadcaster, York, Malton, and finally descend to Scarborough, ending with our front wheel in the North Sea.

Our goal is to raise £10,000—an ambitious target, but one that equates to just one day of running costs for Sue Ryder, Manorlands. The support and generosity from the Worth and Aire Valley communities have been amazing. The looks of disbelief, waves, smiles, and cheers keep us motivated.

We will continue training up until the challenge weekend. If you see us, shout hello, wave, smile, toot your horn, and share your pictures. Follow us on social media and visit our JustGiving page at justgiving.com/page/pantopony. Your donations make a real and valuable contribution to the incredible work of Sue Ryder, Manorlands. Let's exceed our target together!

~ Jonathan Binney and Lee Bilbrough

















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it's difficult to believe that we are already in what we consider our summer season... but our fingers and everything are crossed with extended opening hours on Friday as we hope that better weather will stay for at least a few weeks. The weather opening hours are all on the website. We doesn't affect our passengers, as they can will shortly be announcing the opening date stay warm and dry when travelling in our for the Visitor Centre that we have been historic carriages if it's cold or raining, and also enjoy being able to open the windows to get some air when (and if!?) we get to bask in some warmer temperatures. I hope you'll join us on board soon, whatever the 27', which takes the main line across weather.

We run trains every weekend throughout undertook the next phase of preparations, the year and then run an extended timetable for the school holidays as we enter summer. ready for the replacement to occur as In a slight change to our days of operation to previous years, we are running steamhauled services on Wednesdays and Thursdays through to the end of lune and into July, and then start our traditional seven-day-per-week timetable on Monday 22nd July. Full details of the timetable are Over the summer we will continue to run available on the Railway's website, where our programme of events, including the you will also find details on how to apply for your Local Resident's Railcard if you live tours, as well as the regular services. I do in the BD20/21/22 postcode areas.

refurbishment of Keighley station continues increasingly elderly wheels turning. with our friends at Network Rail. We have now regained full access to our café bar, the Old Parcels Office, at the Keighley

As we dodge the downpours during June, end of the line, and it has a full menu and drinks available. It is open on all operating days and Wednesday-Sunday all year round, and Saturday evenings. The menu and establishing in the Water Tower building.

> Elsewhere on the railway, we continue to prepare for the replacement of 'Bridge Bridgehouse Beck at Haworth. You may have seen the work at the end of May as we which takes us a big step closer to being planned in autumn. The work is being led and managed - and a lot of it is undertaken by - our team of qualified volunteers, which makes the project's achievement thus far all the more impressive.

chance to enjoy on-train dining and guided hope that you will join us on board and also consider joining our group of over 750 Looking along the line, work on the volunteers, who do so much to keep the

~ Matt Stroh

Keighley & Worth Valley Railway Chairman

DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

DINING TRAINS

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20TH JULY TO 1ST SEPTEMBER

VINTAGE TRAINS

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Use the OR Code for more detailed information, timetables, all the latest news and upcoming events across the railway.

Book online at www.kwvr.co.uk or by phone on 01535 645214

COMMUNITY PAGES

Every Monday 10am - noon
The Drop-In at St James' Hall

Cross Roads. Entrance on Albion Street. Offering a warm, safe space with refreshments & chat. Every first Monday of a month 1.30 - 3.30pm The Welcome Drop-In at Oakworth Methodist Church Share refreshments and chat.

Every Tuesday 7 - 9pm
Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE First Tuesday of a month 2pm Worth Valley Branch of the Y.C.A meet at Oxenhope Methodist Church First Tuesday of the month 1.30pm Mothers' Union at Christ Church Oakworth. Contact branch leader Sharon on 07521 318983.

Every Tuesday I-3pm Coffee
Afternoon at Hall Green Chapel,
Haworth (downstairs). Free refreshments
and friendly chat. Hall Green BookPoint.
Last Tuesday of the month 2pm
Living With Loss Social Group at
Christ Church Oakworth. Supportive
chat informally over a cuppa with others
who are walking the difficult path of life
without a loved one.

Every Wednesday (in term-time) 8.45am - 10.15am, ABC 'Adults, Babies & Children's' Group at Christ Church Oakworth, 20 Colne Road, BD22 7PA. For parents/carers to bring their little ones to a safe welcoming space to play whilst getting together for a chat, cuppa and toast. Suggested fee if able of £1 per adult.

Every 3rd Wednesday 7.30pm of the month Oxenhope Climate Action meet at the Bay Horse Pub Oxenhope New Members always welcome. Further info www.oxenhopeclimateaction.org.uk

Each Wednesday 10.30am 11.30am Coffee Morning at
Christ Church Oakworth. All
welcome to come along for chat and a
cuppa and biscuits.

Every Wednesday Haworth Senior Citizens Group. 2 pm - 3.30pm at West Lane Baptist Chapel, Haworth. New Members Welcome. Call Doreen 01535 648928

Every Wednesday 2 - 4pm
Oxenhope Community Café
& Welcoming Space, Oxenhope
Methodist Church, I West Dr, Oxenhope,
Keighley BD22 9LI

Every Thursday 1pm - 3pm
The Shed Oakworth Village
Hall. New members welcome. Every
Thursday Tech Shed free drop in 5 pm

- 7pm at Haworth Village Hall.

Every Friday 2 - 4pm Haworth

Ladies Badminton Group at Haworth Village Hall.Call 01535 644136.

Every Saturday 1-3pm Hall Green BookPoint. Hall Green Chapel Haworth (downstairs). Free

Sat 6th July Oakworth Village Gala 2pm Procession from Windsor Road. July & Aug Summer Steam & Dining Trains on the Keighley & Worth Valley Railway full details and to book www.kwvr.co.uk

Sun 7th July Oxenhope Straw Race
The Oxenhope Charity Straw Race is back,
this year will be its 45th anniversary
Weds 10th July Worth Reading

Book Club Reading Love Marriage by Monica Ali, meeting in the cellar at **Pavé at 7pm.** No fee. Any new members who want to join can call or text Megan at 07443 333581.

Fri 12th July 7.30pm Haworth
Cinema One Love (12A with
subtitles) at Haworth West Lane Baptist
Centre

Sat 13th July 10am - 12 noon Community Coffee Morning at Stanbury Church. Coffee, tea, cake conversation. Children's Play Table All Welcome. Thereafter first Saturday of every month until October.

Sat 13th July 7.30pm Sue Ryder Manorlands Bradford Accordion Band & Hot Aire / Walking on Sunshine Concert Victoria Hall, Hard Ings Road, Keighley BD21 3JN Tickets can be purchased by going to www.hotaire.org

Sun 14th July 1pm - 4pm
Manorlands Garden Party at Sue
Ryder Manorlands Hospice in Oxenhope.
Free admission & parking.

Thurs 18th July 10am - 12 FREE Stitching Class at the Bronte Parsonage bronte.org.uk

Fri 19th until Sun 28th July
HAWORTH FESTIVAL Comedy
Music Literature Art Dance Culture full
details: haworthfestival.org.uk
Sat 20th July I Iam - 3pm Play in
Parks and Mini Bounce at Oakbank
School FREE

Sun 21st July. & 18th Aug Train rides for all the family. Miniature trains running at Marley sports field

approx.12:30 until approx.17:00. Steam and electric trains providing trips for all ages. Great family afternoon out.

Zip the Cow Zip Wire Adventure at the Cow & Calf Rocks, Ilkley in aid of Sue Ryder Manorlands limited space 20th & 21st July www.sueryder.org/zipthecow to register.

Sun 28th July 2pm - 4pm Haworth Bandstand Concert in Central Park. Fri 26th - 28th July Emily Brontë's Birthday Weekend at The Brontë Parsonage: bronte.org.uk

Sat 27 July 10:30am Wild Poetry Workshop with Nabeela Ahmed

Tickets: bronte.org.uk

Sun 28 July 10am An Emily Brontëinspired yoga and poetry morning. Tickets: bronte.org.uk

Thurs 1st Aug 10am - 4pm Yorkshire Day by Keighley Town Council FREE event with Inflatables, Circus Shows, Face Painting, Donkey Rides, Birds of Prey Display & lots more. Church Green Car Park, Keighley.

Sat 3rd Aug I 0am - 4pm Coffee Morning at Lees Methodist Church

Sat 10th Aug 11am - 3pm Play in Parks & Mini Bounce Cliffe Castle Free Event.

Sun 25th Aug 2pm Haworth & District Gardeners' Show at Haworth Village Hall Butt Lane. With 108 classes inc veg, fruit, flowers, house plants, jams, chutney, eggs beer etc. Not to be missed! Contact haworthshow@gmail.com or call 01535 643437.

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Haworth & District Gardeners' Show:

Join us for the 104th Haworth & District Gardeners' Show on Sunday, August 25th, at Haworth Village Hall, Butt Lane. The event kicks off at 2pm and is one of the biggest shows in the area, featuring 108 classes including vegetables, fruit, flowers, house plants, baking, jams, chutneys, eggs, beer, flavoured gin, and handicrafts. There are also 8 children's classes across 3 age categories,

with free entry for kids.

New to showing? Beginners have their own classes, and there are two photography categories this year: 'Rainbow' and 'Black and White'. Entry is only 30p per class, and entry forms are due by 6pm on Thursday, August 22nd. Exhibits should be brought to the Village Hall between 8:30am and 12pm on the show day.

The public can enjoy the show from 2pm, with a vibrant display of exhibits, refreshments from the Oakworth Manorlands Fundraising Group, a raffle, and a tombola. Prize presentations start at 4pm, with generous sponsorships providing prizes for 1st, 2nd, and 3rd places. The event concludes with an auction of donated produce, supporting Manorlands.

Celebrate our community and get involved! For more details or to request an entry form, contact haworthshow@gmail. com or call 01535 643437.

Entries now open for the Keighley & Airedale **Business Awards** for 2024.

Deadline 5pm Friday, 2 August 2024



The Awards celebrate hard work, innovation and integrity in the Keighley & Airedale business community.



Paul Hudson will once again compère the awards along with the support of the steering committee and civic guests.



So what are you waiting for? you've got to be in it to win it. Good luck!



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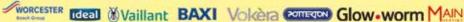
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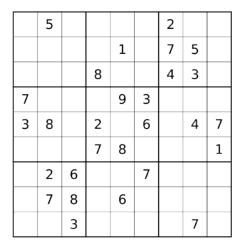




Sudoku

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		2	8			6	4	
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	9	1		5			6	
7	2		3		1		5	9
	5			8		1	3	
	8			7			2	
	7	3			9	8		
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		5	9	8				
	8	6						5



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3					8			





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To say I like my barbecue would be an understatement! If we're having guests, I like to offer a couple of vegetarian and vegan

dishes too. This is one of my favourites.

Ingredients

(serves 4)

2 medium / large aubergines

I tablespoon white miso paste

I generous tablespoon runny honey

I teaspoon dark soy sauce

I teaspoon toasted sesame oil

I tablespoon sunflower or rapeseed oil

I small bunch of spring onions, finely sliced

Method

Top and tail your aubergines and take a thin

long slice off both sides (essentially remove the skin from two sides) and discard. Now cut each aubergine lengthways into slices resembling steaks, approximately 2cm thick. Get a large bowl, pot or pan, fill with cold water and salt well. Chuck your aubergine slices into the water, put a plate on top with a kitchen weight to keep the aubergine submerged and set aside for 30 minutes or so. This will remove the bitter taste that puts many off aubergine.

Meanwhile make your marinade by combining the remaining ingredients except the spring onion. You may need to add a little warm water to get the right consistency. You may also wish to add slightly more or less honey or miso to get the balance of salt versus sweet to your taste. We're aiming for a similar consistency to double cream.

Remove your aubergine from the water and pat dry with kitchen roll.

Score both sides of each slice with the point of a sharp knife in a crosshatch pattern. Place in a shallow baking tray and pour over your marinade, turning so both sides are well coated. Set aside for an hour whilst you go and light your barbecue and enjoy a glass of something cold!

Once your barbecue grill is good and hot, simply grill the aubergine slices as you would a steak or a burger on the grill rack, timing depends on how hot your barbecue is and how close to the heat you've set your rack. Baste with the marinade as you're cooking. Over a medium to hot heat it should take a couple of minutes a side and should be soft when pricked with a fork.

Remove to a serving plate, pour over a little of the remaining marinade and sprinkle with the spring onion.

I like to serve this with tabouleh or couscous. ~Martin Lingard



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BEHIND THE SCENES AT THE MUSEUM



One of the many things we love about the Museum is our passionate staff and volunteers – and never is that clearer than at our **Thursday Talks.**

Thursday Talks are delivered once a month, at 2pm, in the Old School

Room – and they're free for locals and Museum ticket-holders!

Sue Newby, Learning Officer at the Parsonage, got the ball rolling for the talks: 'They're a nice way to share our knowledge and enthusiasm with visitors and locals', she says, highlighting how presenters include staff members and volunteers from all different departments within the Museum. From 19th-century women's art to Emily Brontë and vampires – the talks span a huge range of subjects, each one chosen by the presenter because they're fascinated by the topic. And that fascination always shines through.

So how does it work?

Here at the Parsonage, members of the team can take a 'library hour' every week and use that to explore our wonderful collection of reading material, spanning literature, local history, and more. This gives everyone the chance, if they want, to research a topic of interest for a future

Thursday Talk, supported by our expert curatorial department.

The talks are a great way for our team to broaden their Brontë knowledge and share their findings with the public. It's a lovely opportunity for audiences to learn something new and ask questions of a presenter who loves their subject. At the heart of it all is our belief that the Brontës are for everyone – and that learning never stops. The fact that, 200 years ago, a local family began a legacy that continues to inspire new interpretation and research is so exciting – and we're proud to have a team of staff and volunteers who want to share this!

18 July: Thursday Talk - Brontë Buildings: Real or Imagined? 15 August: Thursday Talk - 'Unjust!

Unjust!' Depictions of Childhood in the Brontës' Writing

12 September: Thursday Talk -

From Haworth to Hollywood

Our in-person Thursday Talks are free with entry to the Museum and for residents in BD20, BD21, and BD22. No need to book. They're also repeated online the same day at 7:30pm (booking necessary). Find out more about our upcoming talks at bronte.org.uk/whats-on.





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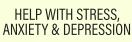
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