

WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

February 2009



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WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY



Worth Valley Publishing Ltd.
Stanbury, West Yorkshire, UK
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At the risk of sounding preachy, I do feel pretty strongly about the importance of supporting local businesses and trying to keep money circulating within the Worth Valley. On the other hand, it is not always easy to find everything one needs in the local shops and it is even more frustrating to find some local shops don't keep consistent opening hours.

If you could wave a magic wand, I wonder, what would you wish for in terms of the goods and services you'd like to find in our neighbourhoods? As a local resident, or a visitor, are your needs being met? Do you find that you can purchase the things you need or want within a manageable

timeframe? Are you satisfied with the quality of goods and services available in the area? What would you change? What wouldn't you change? Share your thoughts, ideas, frustrations, delights, and views with me at the Worth Valley Mag...I'd like to know, are you being served?

send your comments to
The Editor
Worth Valley Mag
Crosslands Barn
Stanbury, BD22 0HB
or better yet, email me at
mail@worthvalleymag.co.uk

P.S. We are looking to get involved in the FSB's campaign,
Keep Trade Local.
More of that in another edition!



Liz Barker

Our independent shops, pubs, post offices and local services are struggling to survive.

Our high streets are dying.

It doesn't have to be this way if we all act together.

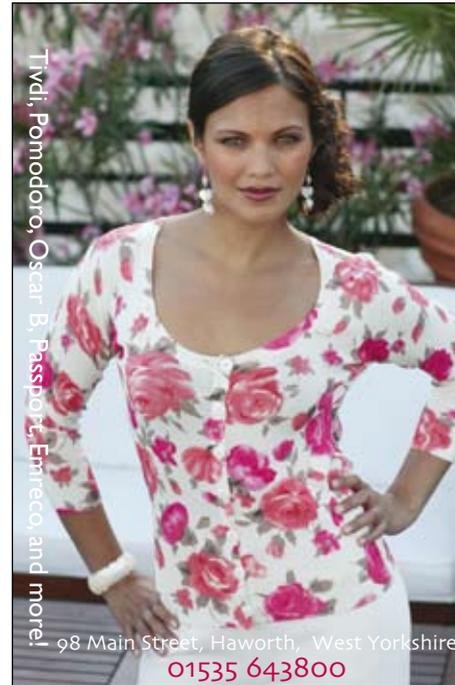
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- Write to your local newspaper
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The Federation of Small Businesses (FSB) is the largest business organisation in the UK. It represents over 210,000 businesses that collectively employ over 2.5 million people.

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- Vegetable & Lentil nutroast with gruyere dauphinoise, leek & butter bean casserole

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- Hot apple & cinnamon fritters with vanilla ice cream & red berry compote
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- Clementine pancakes- lemon cream, fresh orange segments in cointreau syrup

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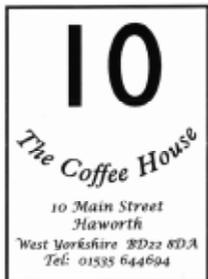
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WINED & DINED

BY CLAIRE SMITH



It is my belief that every aspect of any dining experience counts, and that any dining experience, no matter how small or “everyday” can be made special. The menu sets the scene for what is about to unfold, painting pictures that should send the tastebuds into a swoon.

When out to lunch or dinner I normally sit in a chocolate laden dream (dessert being my favourite part of any meal) eagerly awaiting the chosen dish or dishes which are to form the prelude, already tasting the flavours I am about to consume. I want to be tempted; seduced, as I choose a restorative and sumptuous something with which to sustain my body before moving on to a decadent finale; I am thinking Breakfast at Tiffany’s as opposed to the workhouse in Oliver Twist.

Good food is a food that satisfies rather than attacks the senses, and though personally snails are not for me if, in a moment of madness, I did decide to order them, they would need to be cooked simply and enjoyed as they should be, not presented in gruel form. Even the most ardent lovers of l’escargot must be hard pressed to get excited on hearing the words “snail porridge”. This paints an altogether less appealing picture which can only serve to cause a dent in ones dining experience. The way that words are

used when it comes to describing food can make or break any culinary adventure, and though I take my hat off to the alchemist responsible for creating the aforementioned dish for skill and dedication to his craft, and though I too believe that the kitchen is a place where magic can happen there is a line, that when crossed, leads one into the realms of the illusionist who, with his power of persuasion and reputation, presents us with the culinary equivalent of the Emperors New Clothes. Though it undoubtedly requires a degree of skill to infuse ice-cream with the flavours of bacon and egg, how many of us really wish to finish a gorgeous main with the flavours of a basic English breakfast.

Surely when faced with the pleasurable task of selecting a sweet, ones mind drifts to the land of chocolate heaven, a hedonistic place where just hearing the names of all the different desserts sends a tingle of excitement and anticipation through the mind.

Be honest ; would you choose bacon and egg ice-cream over the velvet kiss of a chocolate torte, the sweet scented syrup of a perfect pear poached in red wine, or that supremely satisfying moment when the crisp caramel and the silky smooth cream of a crème brulee melt tantalisingly on the tongue?

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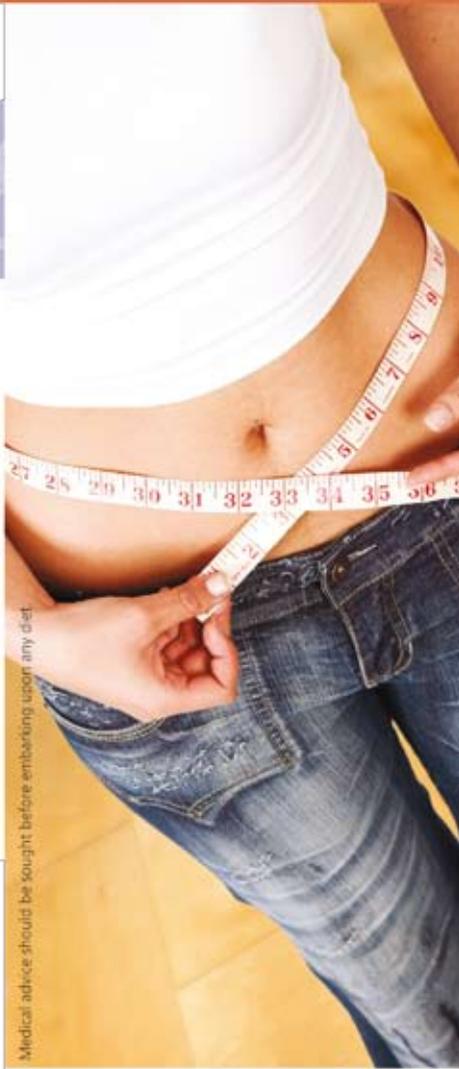


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The winner will be selected from all correct answers received by the 15th of March 2009.



January's winner was Derek Sunderland from Oakworth, the location was Edinburgh Woollen Mill in Haworth.

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	5		9		6		4	

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

If you use logic you can solve the puzzle without guesswork.

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Be My Valentine



Can you find these words associated with Valentines?

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b	r	.	d	.	l	.	g	.	l	d	n	d	c	s	l	c
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The 2 - 4 year olds programme follows
themes - eg. animals, weather, transport
& travel. In class we sing new, purpose
written songs and rhymes as well as old
favourites. We play lots of instruments
such as bells, chimes, shakers, drums,
rhythm sticks and glockenspiels. We use
exciting props such as scarves, balls,
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and streamers. We have a story-time with
books, flash cards and actions. We march,
stretch, sway, jig and enjoy circle dances
similar to the 'hokey-cokey'.

We have fun with activities based
on drama/pretend play to stretch the
children's imagination (eg. growing into
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breeze). We enjoy listening activities (eg.
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Baby classes

Lees Methodist Church Thurs 2pm
**West Lane Baptist Centre
Thurs 11.30am (enrolling now!)**

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Lees Methodist, Cross Roads Thurs 2pm
St Matthew's, Wilsden Fri 10.45am
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TOP TECHIE TIPS

Judging by the small mountain of conventional cathode ray tubes at the recycling centre when I went to drop off all the Christmas cardboard, I would say Santa probably delivered quite a lot of HD TV's in December, so to start things off I am going to take a look at how to get more out of a new television with a media center PC.

On the back of almost every flat panel TV is a socket normally marked PC, which means the new monster in the corner of you living room can double as the world's biggest computer monitor. Once you get over the wow factor of seeing such a big clear picture of your desktop there is a whole new set of possibilities to explore.

Starting with the basics, if you use your computer for games, then playing them on such a big screen makes for a much more intense experience, but that's only the start. You can browse the Internet from your armchair. More significantly, you can view all the TV catch-up sites such as BBC iplayer, which has a high quality setting that gives excellent picture quality even on 50" screen.

There are also a myriad of sites to download other content from but those with iPods should be familiar with iTunes and the Apple iTunes Store where it is now possible to purchase or rent movies and TV shows legally. A new release costs about £3.50 to rent and can start playing in fantastic quality a few minutes after you start to download it.

These things are all possible on a standard Mac or PC but if you want to be able to record and pause live

TV then you will need to add either a TV tuner card or box that you will plug your aerial into. This means that your computer can pick up FreeView TV and function like a Sky+ box except without the monthly fee. Recordings can be archived, burnt to dvd or scaled down to view on your iPod or phone...the possibilities are almost endless!

So what equipment do you need? If you are a PC user then you can use a box standard machine and do the basics like browse the internet and play DVDs. If you want a more integrated experience you will need to look at a purpose built media center machine with either Windows XP media center edition or more likely Vista Home Premium installed. These have the media center software in which integrates all the video and audio functions in a single package and start at around £450. They normally have the tv tuner card built in and should have digital audio output to make it easier to connect surround sound audio to a home cinema system.

For the Mac fans out there the Mac mini is a great solution for £390. It has software called Frontrow which lets you access all the video, photos and music on your system using a cool little remote that comes with it. You'll need to spend another £40 on an Eye TV USB tuner stick which comes with really great software to watch, record and export TV in loads of different formats.

We've just scratched the surface here but if you would like a media center demonstration or more advice on this or anything to do with computers call us anytime at PC Consulting on 01535 643686 or 01535 645226.

Say you saw it in the Worth Valley Mag!

Until Sun 22 February

The Fragmented Orchestra: The Brontë Parsonage Museum is one of 24 sites across the UK taking part in an exciting musical project. A soundbox is installed in the Parsonage garden and visitors can play the instrument and become both player and audience of a vast and evolving musical composition extended across the UK - Free admission to Museum

Sun 1 February

The Bronte Parsonage Museum reopens with a major refurbishment of the main exhibition space and new permanent exhibition focussing on the Brontes' lives. There is also a new special exhibition focussing on Charlotte Bronte. On display will also be an exhibition of costumes from the forthcoming ITV adaptation of Wuthering Heights to be screened in 2009. Free admission to Museum.

Fri 6th February

Alter Ego: Exhibition of paintings, inspired by the Brontes' signatures, by artist Victor Buta - free on admission to the Museum - bronte@bronte.org.uk / 01535 642323

Sat 7th February - Sing with Ali Baba Worship songs, excerpts from the Pantomime and a pie & pea supper.

COMMUNITY PAGES

6.30pm at Oakworth Methodist Church.

Sat 7th February - 10.00 - 11.30 a.m. Coffee morning and Bring and Buy at Lees Methodist Church (opposite Lees Primary School). Theme: "All you need is Love" (Valentine). Colour stall: Red/Pink. Gift stall, book stall, refreshments. Admission free. Warm and friendly atmosphere.

Sun 8th February 10.30am

Above the Worth Valley 6 mile Linear Walk. Meet Jim Thronber at 9.55am at stand L in Kly bus station, to catch the 10.05am 500 service to Oxenhope railway station. The walk starts from Oxenhope Millennium Green adjacent to the railway station at 10.30am. Packed Lunch required.

Sun 8th February 3-5pm

Gather friends and family for a special afternoon featuring Mama Mia! (the movie) with sing-a-long. £3.00 Coffee/tea and cakes served. St Gabriels Stanbury Village Church.

Mon 9th February Stanbury & District WI 7:30 pm West Lane Baptist Church, Haworth.

Eigg Bound- Mr. R Waddington Comp: A Tartan Item.

Sat 14th-21st February - Ali Baba and the Forty Thieves - pantomime at Oakworth Methodist Church: 7pm evening shows: 14, 17, 18, 20, 21 Feb and 2pm Saturday matinees. Tickets available from Janet Armstrong 01535 642625 or book online at www.oakworthmethodists.org Adults £5.50, Senior Citizens £4.50, Children £3.50 inc refreshments.

Sun 22nd February Oakworth Methodist Cafe Church. 1.00 p.m. (No 10.30 service on this day). Starts with a buffet lunch and follows with worship and fellowship in the hall, set out cafe style, in informal surroundings. Church with a difference.

Sat 28th February

Alter Ego Artists' Workshop: Workshop, led by Victor Buta, using his Alter Ego exhibition as inspiration for both beginners and experienced artists to create new works based on the Brontes' signatures. Includes visit to the Parsonage library to see examples of original Bronte handwriting - Old School Room - £25.00/ £15.00 concession (includes admission to the Museum, materials and refreshments). Bookings: jenna.holmes@bronte.org.uk / 01535 640188

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3	6	1	4	9	2	5	7	8
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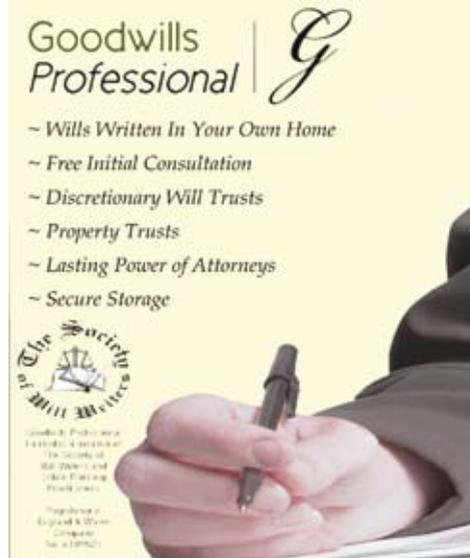
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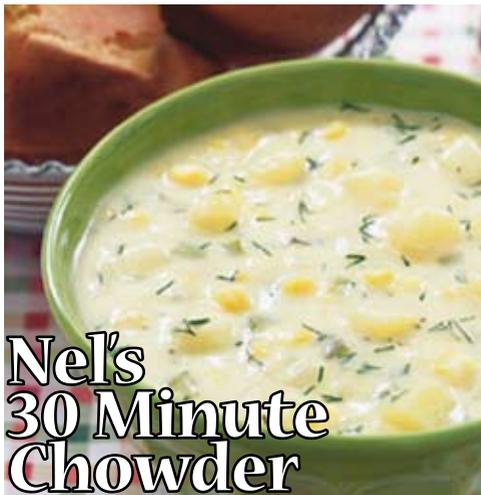
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8 New Laithe Close, Skipton, BD23 6AZ



Nel's 30 Minute Chowder

This is a tasty soup (a meal in a cup really) to beat the credit crunch and bring comfort to the darkest winter day. You can pack it as full of as many vegetables as you like (great for using up the last bits from the veg-box) – and it's all done in the microwave, so even a novice cook has no excuse not to try it! Once you've chopped the vegetables and popped them in the microwave, you can leave them for 20 minutes and get on with other things while they cook.

- 1 small onion
- 1 small red or green pepper
- 1 clove of garlic (or as much as you like)
- 1 tablespoon of butter or oil
- 2 medium potatoes (or a largish sweet potato) peeled and chopped into 1 cm / ½ inch cubes
- 800ml stock (use 2 chicken or vegetable stock cubes in 800ml boiling water)
- 340g sweetcorn (a large can or frozen; creamed sweetcorn is good too.)
- black pepper
- 200 ml (small tub) of double cream or crème fraiche
- fresh parsley or other herbs to garnish

The secret of this is to chop everything quite small – just one good sharp professional chef's knife is always a sound investment for any kitchen. A quality food-chopper will do the job just as well for those of you who have to look away when Jamie, Gordon and the rest of the TV chefs do their high-speed chopping with big Japanese Santoku knives!

1. Chop onion and pepper well, crush or chop the garlic and put into a microwaveable bowl or jug with the butter or oil
2. Cover and microwave on HIGH for 1½ - 2 minutes
3. Add potatoes, stock, corn and a pinch of ground black pepper
4. Cover and microwave on HIGH for 20 minutes until the potatoes are tender
5. Stir in the cream or crème fraiche

Delicious topped with a sprinkling of fresh chopped parsley and served in a big soup cup with a side helping of spicy crispy potato wedges or a cheesy muffin or scone.

Serves 4 – 6, or just halve the ingredients for two of you.

Once you've tried the basic recipe, why not make it your own by adding in other finely chopped vegetables to the first step, such as squash, pumpkin, broccoli, courgette, carrot, or swede - or add finely chopped streaky bacon and when cooked, top with crumbled crispy bacon. You could make it into a more substantial meal by adding diced chicken or turkey along with the potatoes and corn. Let me know your favourite combination and I'll share it on my recipe club pages at www.pamperedchef.biz/nel

To advertise call Liz or Janet on 01535 642227

Quarry Bank Farm Shop

Blackmoor Road, Oxenhope



Quarry Bank Farm Shop is a delightful

Tony assures us he makes every effort to purchase his produce from Yorkshire

new venture set up by Tony Williams and his brother David, both of whom are long established residents of Oxenhope and familiar faces in the community. (David can be found most mornings delivering milk at dawn in the village). A few years ago the brothers moved up to Quarry Bank Farm, located on Black Moor Rd, with a view to starting a new business. Before Christmas last year their plans came to fruition with the opening of Quarry Bank Farm Shop.



With farm fresh vegetables, fruit, cheese, milk and free range eggs, mainly sourced in Yorkshire, the shop provides a real local alternative for food provisions. It goes without saying, the bananas are not grown in Yorkshire, along with some other obvious choices, but

Farms and reputable importers. Honey, chutney and jam is sourced from small producers with quality in mind. Come this summer, rare breed and traditional meats and fresh fish will be added to the offering.

A Fruit and Vegetable Box Scheme is now available with a wide selection of produce and including FREE delivery to Worth Valley residents!
 Small Box for One £6
 Medium Box for Two £12
 Family Box for Four £18

Order today or take a drive up to the Quarry Bank Farm and choose from the array of gleaming produce in the shop. **Quarry Bank Farm**, Black Moor Road, Oxenhope BD22 9SS **01535 646615**
Open: Wed-Sun 10am-5pm (winter months)

Say you saw it in the Worth Valley Mag!

DO IT THISEN! (Do It Yourself)
by LUDORUM

Me missis wor mytherin' me rotten,
Cos t'sneck on t'lav door'd gotten brock,
Ah towd 'erTheer's nowt their worth
pinchin'
Soa theer's 'ardly the need of a lock!

Next minute, Ah'm aht i' t' back gardin,
Wi' th' air all around turnin' blue,
Wi' four-letter words by the dozen,
An' some as just spelt B an' Q.

Soa Ah copped me a bus dahn t' town
centre,
(Not bin theer sin' Ah don't know
when!)

An' walked into t' B an' Q Centre
Where they advertise, Do It Thissen.
They've signs 'angin' down from the
ceilin',
But Ah could of just guessed it, by 'eck,
Not one on' them signs wor directin'
To where yer could purchase a sneck.

When, finally, Ah found an assistant,
(Which took me an 'our or two!)
Ah towd 'im as 'ow Ah wor wantin'
A sneck for the door on our loo.

Well, Ah reckon 'e musta bin forrin',
Cos, sadly is head 'e just shecks,
Ah doan't understand thee, 'e towd me,
An' B&Q don't supply snecks.

Ah towd im, Yer all blummim' useless,
Ah've sin' much smarter pigs in a pen,
Yer won't need no 'elp to go bankrupt -
At this rate, thah'll Do It Thissen!



Owning and managing Haus Hislop, a lovely Tyrolean-style guest house in Austria, is the biggest challenge Haworth twins Claire and Francis Hislop have ever taken on.

Currently in their second ski season, they are seeing some hope of a return on their investment; the glowing comments in their guestbook point to the undeniable evidence that they are doing something right.

Haus Hislop is located in Inneralpbach, a small hamlet in the Austrian Alps. It is a stunning base for tourists all year round. In the winter it becomes a wonderland with excellent skiing for beginners and intermediates, as well as some challenging off-piste for the advanced. In summer it plays host to hikers, horse riders, mountain bikers and who could not be charmed by its sparkling lakes?

Claire mused, "We had visited the area many times. We couldn't think of a better place to live and run a business - if we dare."

Francis had bought, renovated, and sold two cottages near Stanbury. He had the capital to invest. The plan was for Claire to live in Inneralpbach and make it all

happen. Sounds simple? According to the twins, it certainly was not!

"We approached the local bank in Alpbach. It wasn't until six months later, with one sale having fallen

through, that we got our plot on the base of the highest mountain in the area, the Galtenberg," Claire continued. "Francis and I talked about nothing else and kept working on our local research.

The Zirmalm, a top local restaurant was one minute away from the plot and there were plans for a new gondola nearby!"

Claire planned the three-storey, five-apartment house with a local architect. The diggers arrived in October 2005. By April 2006 the shell of Haus Hislop was complete.

From speaking only a few words in German, Claire learnt fast. The list of the household goods they needed was endless and her German vocabulary increased daily with each trip to the various suppliers and vendors.

"The first season, Christmas 2007, was hard, and a year on, it is still hard

work...but now we have guests returning for their second visit to see the snow-covered peaks and crystal-blue skies. I'm integrating well into the mountain community and

Francis, still living in Yorkshire, comes out regularly."

The most recent development at Haus Hislop has been the availability of the luxury Penthouse. The four bedroom/two bathroom apartment sleeps up to 10 and has outstanding views of the mountains and the use of two private balconies. An open plan layout encourages convivial gatherings and family size fun!



For more information or to make a booking call **0043 5336 20049** (don't worry, English is spoken.)

All details of Haus Hislop (availability, prices, photos, and even the guestbook comments) can be found on the website:

www.haushislop.com.

Give our regards to Claire and Francis ...and tell them you read about them in the Worth Valley Mag!

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Says...

KEEP TRADE LOCAL

- 2,000 local shops are closing each year
- 2,500 Post Offices face closure across the UK
- Over 50 local pubs close every month
- By 2010 many local communities will have no small shops or services



Would the last person to leave the High Street please turn out the lights

Sign the Federation of Small Businesses' petition to secure the future of our High Streets and safeguard the choice that people deserve

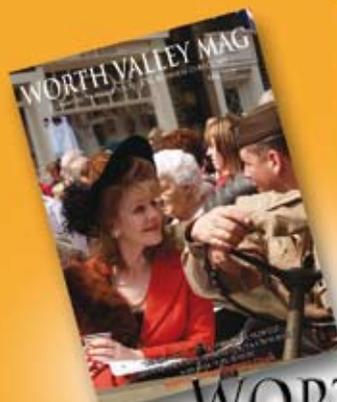
<http://petitions.pm.gov.uk/keeptradelocal/>

MONEY SPENT LOCALLY STAYS LOCAL

It may sound obvious, but using local businesses helps keep wealth within the local community. Vibrant businesses contribute to the community.

If all is working properly, a reciprocal relationship creates benefits for all.

Let's work together to strengthen the Worth Valley!



The WORTH VALLEY MAG

is supporting the Federation for Small Businesses' Keep Trade Local Campaign & is keen to help with the development of activities and initiatives that strengthen the Worth Valley economy and wellbeing.



100's of businesses have already found the WVM a cost effective way to advertise their services and products. Our feedback shows that most readers keep their magazine at least until the next issue comes out, and some keep them much longer! And starting at less than £1 a day, the WVM is affordable for all.

To discuss how the WORTH VALLEY MAG can help your business
please call us on **01535 642227**

The Worth Valley Mag is seeking a part time
Magazine Assistant (to cover maternity leave).

To start in Feb or March, possibly leading to a permanent role.

Proficient in Microsoft Word, Excel, and generally computer literate. Familiarity with database management a plus. Must be confident on phone and speaking to customers.

Sales experience is very helpful. Naturally strong in organisational skills.

Self motivated and helpful disposition. 15 hrs per week flexible.

Applicants to email mail@worthvalleymag.co.uk with their cover letter, CV